

Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

PRE-SCHOOL BREAKFAST

Portion Values - Detailed

Page 1

Generated on: 4/20/2022 3:20:38 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/02/2022																
PRE-SCHOOL BREAKFAST BRKFST, FR TST WG 2G	Total SERVING	300														
	2 EA	300	240	0	260	2.00	0.72	40.0	0	0.0	12	6.0	38.0	7.0	1.00	0.00
SYRUP, PANCAKE	FL OZ	300	100	0	45	0.00	0.00	0.0	0	0.0	13	0.0	26.0	0.0	0.00	0.00
FRUIT, ORANGES FRESH	1 EACH	300	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			539	15	465	5.46	0.91	496.1	839	84.14	*40	17.63	97.85	9.57	2.47	0.00
% of Calories											*29.7%	13.1%	72.6%	16.0%	4.1%	0.0%
Nutrient Guideline			600		1230											<10.00

Tue - 05/03/2022																
PRE-SCHOOL BREAKFAST	Total SERVING	300														
Mini Bagel w/ Peanut Butter	SERVING	200	270	0	275	4.00	0.36	0.0	0	0.0	5	9.0	23.0	17.0	4.00	0.00
Mini Bagel w/ Sun Butter	SERVING	100	270	0	245	6.00	1.80	20.0	15	0.0	5	9.0	22.0	17.0	2.00	0.00
FRUIT, APPLESAUCE	.5 CUP	300	90	0	15	1.00	1.80	0.0	0	2.4	*N/A*	0.0	23.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			490	15	438	5.73	2.68	403.3	505	3.56	*20	18.93	61.70	19.57	4.80	0.00
% of Calories											*16.3%	15.4%	50.3%	35.9%	8.8%	0.0%
Nutrient Guideline			600		1230											<10.00

Wed - 05/04/2022																
PRE-SCHOOL BREAKFAST	Total SERVING	300														
YOGURT PARFAIT, BLUEBERRIES BWG	SERVING	300	324	3	177	4.00	1.80	120.0	800	3.6	*14	4.5	53.8	11.55	7.30	0.00
FRUIT, BANANAS FRESH	1 EACH	300	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			559	17	336	7.13	2.14	522.6	1376	15.03	*43	15.72	96.78	14.50	8.90	0.00
% of Calories											*31.1%	11.2%	69.2%	23.3%	14.3%	0.0%
Nutrient Guideline			600		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

Base Menu Spreadsheet

Portion Values - Detailed

May 1, 2022 thru May 31, 2022

PRE-SCHOOL BREAKFAST

Generated on: 4/20/2022 3:20:38 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/05/2022																
PRE-SCHOOL BREAKFAST	Total	300														
EGG, BACON, CHEESE BURRITO	SERVING	300	300	195	540	6.00	3.42	60.0	400	1.2	0	13.0	30.0	14.0	5.00	0.00
FRUIT, MIXED	#8 SCOOP	300	60	0	10	0.00	0.00	0.0	12	0.8	*N/A*	0.0	17.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			490	210	708	6.07	3.46	456.7	912	3.16	*15	22.93	63.03	16.57	6.47	0.00
% of Calories											*12.2%	18.7%	51.4%	30.4%	11.9%	0.0%
Nutrient Guideline			600		1230											<10.00

Fri - 05/06/2022																
PRE-SCHOOL BREAKFAST	Total	300														
CEREAL, CINNTOSTERS 2GB	BOWL	100	240	0	270	3.00	9.00	200.0	0	0.0	19	3.0	44.0	7.0	0.50	0.00
CEREAL, HONEYNUSCOOTE RS 2GB	BOWL	100	220	0	390	4.00	0.00	0.0	85	0.0	17	5.0	45.0	2.5	0.00	0.00
CEREAL, FROSTEDSHREDWH EAT2GB	BOWL	100	190	0	5	6.00	16.20	0.0	0	0.0	11	5.0	46.0	1.0	0.00	0.00
FRUIT, APPLESAUCE	.5 CUP	300	90	0	15	1.00	1.80	0.0	0	2.4	*N/A*	0.0	23.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			437	15	395	5.40	10.24	463.3	528	3.56	*31	14.27	84.03	6.07	1.63	0.00
% of Calories											*28.1%	13.1%	76.9%	12.5%	3.4%	0.0%
Nutrient Guideline			600		1230											<10.00

Mon - 05/09/2022																
PRE-SCHOOL BREAKFAST	Total	300														
PANCAKES WW	SERVING	300	156	26	325	2.03	0.81	40.6	67	0.0	*N/A*	4.73	25.73	4.06	0.67	0.00
SYRUP, PANCAKE	2 EA.															
FRUIT, ORANGES FRESH	FL OZ	300	100	0	45	0.00	0.00	0.0	0	0.0	13	0.0	26.0	0.0	0.00	0.00
MILK, 1% WHITE	1 EACH	300	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			455	41	530	5.49	1.00	496.7	906	84.14	*28	16.36	85.58	6.63	2.14	0.00
% of Calories											*24.6%	14.4%	75.2%	13.1%	4.2%	0.0%
Nutrient Guideline			600		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

PRE-SCHOOL BREAKFAST

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/10/2022																
PRE-SCHOOL BREAKFAST	Total	300														
PIZZA, BKFS BEEF 2.79OZ WIL D M	SLICE	300	180	10	270	2.00	1.08	150.0	300	3.6	3	9.0	17.0	6.0	2.00	0.00
FRUIT, APPLESAUCE	.5 CUP	300	90	0	15	1.00	1.80	0.0	0	2.4	*N/A*	0.0	23.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			400	25	443	3.07	2.92	546.7	800	7.16	*18	18.93	56.03	8.57	3.47	0.00
% of Calories											*18.0%	18.9%	56.0%	19.3%	7.8%	0.0%
Nutrient Guideline			600		1230											<10.00

Wed - 05/11/2022																
PRE-SCHOOL BREAKFAST	Total	300														
SMOOTHIE, BERRY PATCH 8OZ	8 OZ	300	265	3	167	2.50	2.11	122.9	858	41.92	*21	4.5	53.64	4.25	1.00	0.00
FRUIT, BANANAS FRESH	1 EACH	300	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			500	17	327	5.63	2.45	525.5	1434	53.34	*50	15.72	96.62	7.20	2.60	0.00
% of Calories											*40.0%	12.6%	77.3%	13.0%	4.7%	0.0%
Nutrient Guideline			600		1230											<10.00

Thu - 05/12/2022																
PRE-SCHOOL BREAKFAST	Total	300														
BRKFST, BAR BUTTERMILK 1.25 OZ	BAR	300	124	7	157	0.65	0.76	12.1	6	0.04	*N/A*	1.45	26.25	1.43	0.46	*N/A*
FRUIT, MIXED	#8 SCOOP	300	60	0	10	0.00	0.00	0.0	12	0.8	*N/A*	0.0	17.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			314	21	325	0.71	0.79	408.8	518	2.00	*15	11.38	59.29	4.00	1.93	*0.00
% of Calories											*19.1%	14.5%	75.5%	11.5%	5.5%	*0.0%
Nutrient Guideline			600		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/13/2022																
PRE-SCHOOL BREAKFAST	Total	300														
CEREAL, CINNTOASTERS 2GB	BOWL	100	240	0	270	3.00	9.00	200.0	0	0.0	19	3.0	44.0	7.0	0.50	0.00
CEREAL, HONEYNUTSCOOTE RS 2GB	BOWL	100	220	0	390	4.00	0.00	0.0	85	0.0	17	5.0	45.0	2.5	0.00	0.00
CEREAL, FROSTEDSHREDWH EAT2GB	BOWL	100	190	0	5	6.00	16.20	0.0	0	0.0	11	5.0	46.0	1.0	0.00	0.00
FRUIT, APPLESAUCE	.5 CUP	300	90	0	15	1.00	1.80	0.0	0	2.4	*N/A*	0.0	23.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			437	15	395	5.40	10.24	463.3	528	3.56	*31	14.27	84.03	6.07	1.63	0.00
% of Calories											*28.1%	13.1%	76.9%	12.5%	3.4%	0.0%
Nutrient Guideline			600		1230										<10.00	

Mon - 05/16/2022																
PRE-SCHOOL BREAKFAST BRKFST, FR TST WG 2G	Total SERVING	300	240	0	260	2.00	0.72	40.0	0	0.0	12	6.0	38.0	7.0	1.00	0.00
SYRUP, PANCAKE	2 EA															
FRUIT, PANCAKE	FL OZ	300	100	0	45	0.00	0.00	0.0	0	0.0	13	0.0	26.0	0.0	0.00	0.00
FRUIT, ORANGES FRESH	1 EACH	300	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			539	15	465	5.46	0.91	496.1	839	84.14	*40	17.63	97.85	9.57	2.47	0.00
% of Calories											*29.7%	13.1%	72.6%	16.0%	4.1%	0.0%
Nutrient Guideline			600		1230										<10.00	

Tue - 05/17/2022																
PRE-SCHOOL BREAKFAST	Total	300														
Mini Bagel w/ Peanut Butter	SERVING	200	270	0	275	4.00	0.36	0.0	0	0.0	5	9.0	23.0	17.0	4.00	0.00
Mini Bagel w/ Sun Butter	SERVING	100	270	0	245	6.00	1.80	20.0	15	0.0	5	9.0	22.0	17.0	2.00	0.00
FRUIT, APPLESAUCE	.5 CUP	300	90	0	15	1.00	1.80	0.0	0	2.4	*N/A*	0.0	23.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			490	15	438	5.73	2.68	403.3	505	3.56	*20	18.93	61.70	19.57	4.80	0.00
% of Calories											*16.3%	15.4%	50.3%	35.9%	8.8%	0.0%
Nutrient Guideline			600		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

Base Menu Spreadsheet

Portion Values - Detailed

May 1, 2022 thru May 31, 2022

PRE-SCHOOL BREAKFAST

Generated on: 4/20/2022 3:20:38 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/18/2022																
PRE-SCHOOL BREAKFAST	Total	300														
YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	300	324	3	177	4.00	1.80	120.0	800	3.6	*14	4.5	53.8	11.55	7.30	0.00
FRUIT, BANANAS FRESH	1 EACH	300	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
MILK,1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			559	17	336	7.13	2.14	522.6	1376	15.03	*43	15.72	96.78	14.50	8.90	0.00
% of Calories											*31.1%	11.2%	69.2%	23.3%	14.3%	0.0%
Nutrient Guideline			600		1230											<10.00

Thu - 05/19/2022																
PRE-SCHOOL BREAKFAST	Total	300														
EGG, BACON, CHEESE BURRITO	SERVING	300	300	195	540	6.00	3.42	60.0	400	1.2	0	13.0	30.0	14.0	5.00	0.00
FRUIT, MIXED	#8 SCOOP	300	60	0	10	0.00	0.00	0.0	12	0.8	*N/A*	0.0	17.0	0.0	0.00	0.00
MILK,1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			490	210	708	6.07	3.46	456.7	912	3.16	*15	22.93	63.03	16.57	6.47	0.00
% of Calories											*12.2%	18.7%	51.4%	30.4%	11.9%	0.0%
Nutrient Guideline			600		1230											<10.00

Fri - 05/20/2022																
PRE-SCHOOL BREAKFAST	Total	300														
CEREAL, CINNTOASTERS 2GB	BOWL	100	240	0	270	3.00	9.00	200.0	0	0.0	19	3.0	44.0	7.0	0.50	0.00
CEREAL, HONEYNUTSCOOTE RS 2GB	BOWL	100	220	0	390	4.00	0.00	0.0	85	0.0	17	5.0	45.0	2.5	0.00	0.00
CEREAL, FROSTEDSHREDWH EAT2GB	BOWL	100	190	0	5	6.00	16.20	0.0	0	0.0	11	5.0	46.0	1.0	0.00	0.00
FRUIT, APPLESAUCE	.5 CUP	300	90	0	15	1.00	1.80	0.0	0	2.4	*N/A*	0.0	23.0	0.0	0.00	0.00
MILK,1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			437	15	395	5.40	10.24	463.3	528	3.56	*31	14.27	84.03	6.07	1.63	0.00
% of Calories											*28.1%	13.1%	76.9%	12.5%	3.4%	0.0%
Nutrient Guideline			600		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

Base Menu Spreadsheet

Portion Values - Detailed

May 1, 2022 thru May 31, 2022

PRE-SCHOOL BREAKFAST

Generated on: 4/20/2022 3:20:38 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/23/2022																
PRE-SCHOOL BREAKFAST PANCAKES WW	Total SERVING	300														
	2 EA.	300	156	26	325	2.03	0.81	40.6	67	0.0	*N/A*	4.73	25.73	4.06	0.67	0.00
SYRUP, PANCAKE	FL OZ	300	100	0	45	0.00	0.00	0.0	0	0.0	13	0.0	26.0	0.0	0.00	0.00
FRUIT, ORANGES FRESH	1 EACH	300	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			455	41	530	5.49	1.00	496.7	906	84.14	*28	16.36	85.58	6.63	2.14	0.00
% of Calories											*24.6%	14.4%	75.2%	13.1%	4.2%	0.0%
Nutrient Guideline			600		1230											<10.00

Tue - 05/24/2022																
PRE-SCHOOL BREAKFAST PIZZA, BKFS BEEF 2.79OZ WIL D M	Total SLICE	300														
		300	180	10	270	2.00	1.08	150.0	300	3.6	3	9.0	17.0	6.0	2.00	0.00
FRUIT, APPLESAUCE	.5 CUP	300	90	0	15	1.00	1.80	0.0	0	2.4	*N/A*	0.0	23.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			400	25	443	3.07	2.92	546.7	800	7.16	*18	18.93	56.03	8.57	3.47	0.00
% of Calories											*18.0%	18.9%	56.0%	19.3%	7.8%	0.0%
Nutrient Guideline			600		1230											<10.00

Wed - 05/25/2022																
PRE-SCHOOL BREAKFAST SMOOTHIE, BERRY PATCH 8OZ	Total 8 OZ	300														
		300	265	3	167	2.50	2.11	122.9	858	41.92	*21	4.5	53.64	4.25	1.00	0.00
FRUIT, BANANAS FRESH	1 EACH	300	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			500	17	327	5.63	2.45	525.5	1434	53.34	*50	15.72	96.62	7.20	2.60	0.00
% of Calories											*40.0%	12.6%	77.3%	13.0%	4.7%	0.0%
Nutrient Guideline			600		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/26/2022																
PRE-SCHOOL BREAKFAST	Total	300														
BRKFST, BAR BUTTERMILK 1.25 OZ	BAR	300	124	7	157	0.65	0.76	12.1	6	0.04	*N/A*	1.45	26.25	1.43	0.46	*N/A*
FRUIT, MIXED	#8 SCOOP	300	60	0	10	0.00	0.00	0.0	12	0.8	*N/A*	0.0	17.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			314	21	325	0.71	0.79	408.8	518	2.00	*15	11.38	59.29	4.00	1.93	*0.00
% of Calories											*19.1%	14.5%	75.5%	11.5%	5.5%	*0.0%
Nutrient Guideline			600		1230											<10.00

Fri - 05/27/2022																
PRE-SCHOOL BREAKFAST	Total	300														
CEREAL, CINNTOASTERS 2GB	BOWL	100	240	0	270	3.00	9.00	200.0	0	0.0	19	3.0	44.0	7.0	0.50	0.00
CEREAL, HONEYNUTSCOOTE RS 2GB	BOWL	100	220	0	390	4.00	0.00	0.0	85	0.0	17	5.0	45.0	2.5	0.00	0.00
CEREAL, FROSTEDSHREDWH EAT2GB	BOWL	100	190	0	5	6.00	16.20	0.0	0	0.0	11	5.0	46.0	1.0	0.00	0.00
FRUIT, APPLESAUCE	.5 CUP	300	90	0	15	1.00	1.80	0.0	0	2.4	*N/A*	0.0	23.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			437	15	395	5.40	10.24	463.3	528	3.56	*31	14.27	84.03	6.07	1.63	0.00
% of Calories											*28.1%	13.1%	76.9%	12.5%	3.4%	0.0%
Nutrient Guideline			600		1230											<10.00

Tue - 05/31/2022																
PRE-SCHOOL BREAKFAST	Total	300														
Mini Bagel w/ Peanut Butter	SERVING	200	270	0	275	4.00	0.36	0.0	0	0.0	5	9.0	23.0	17.0	4.00	0.00
Mini Bagel w/ Sun Butter	SERVING	100	270	0	245	6.00	1.80	20.0	15	0.0	5	9.0	22.0	17.0	2.00	0.00
FRUIT, APPLESAUCE	.5 CUP	300	90	0	15	1.00	1.80	0.0	0	2.4	*N/A*	0.0	23.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	290	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			490	15	438	5.73	2.68	403.3	505	3.56	*20	18.93	61.70	19.57	4.80	0.00
% of Calories											*16.3%	15.4%	50.3%	35.9%	8.8%	0.0%
Nutrient Guideline			600		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

Base Menu Spreadsheet

Portion Values - Detailed

Page 8

May 1, 2022 thru May 31, 2022

PRE-SCHOOL BREAKFAST

Generated on: 4/20/2022 3:20:38 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			464	38	436	5.05	3.63	474.7	819	24.90	*29 *55.6%	16.72 14.4%	77.70 67.0%	10.33 20.1%	3.66 7.1%	*0.00 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	464		600	77%		136		Correction Required - Calories are Low
Cholesterol (mg)	38							
Sodium 1 (mg)	436		1230					
Sodium 2 (mg)	436					436		
Fiber (g)	5.05							
Iron (mg)	3.63							
Calcium (mg)	474.7							
Vitamin A (IU)	819							
Sugars (g)	29	24.72%			Missing			
Vitamin C (mg)	24.90							
Protein (g)	16.72	14.43%						
Carbohydrate (g)	77.70	67.03%						
Total Fat (g)	10.33	20.06%						
Saturated Fat (g)	3.66	7.10%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.