

Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

YCUSD - SUPPER

Portion Values - Detailed

Page 1

Generated on: 4/20/2022 3:18:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/02/2022																
YCUSD - SUPPER	Total	2000														
CHICKEN SALAD CUP W/ CRA CKERS	1/2 CUP	2000	398	72	501	0.94	2.45	19.8	50	0.14	*0	27.18	23.79	21.41	3.99	*0.05
VEG, CARROTS BABY - SNACK	PACK	2000	20	0	44	1.13	0.51	17.0	7824	4.76	*N/A*	0.57	4.54	0.0	0.00	*N/A*
FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, ORANGES FRESH	1 EACH	500	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1000	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			638	82	702	5.47	3.43	411.1	8524	33.48	*29	38.35	71.59	22.88	4.80	*0.05
% of Calories											*18.5%	24.0%	44.9%	32.3%	6.8%	*0.1%
Nutrient Guideline			0													<10.00

Tue - 05/03/2022																
YCUSD - SUPPER	Total	2000														
BREAD, STICK MOZZ W/SAUCE	1 EACH	2000	428	30	876	5.10	2.92	200.8	31	0.14	*11	15.14	47.8	20.09	7.02	*0.00
FRUIT, APPLE SLICE BAG	BAG	1000	50	0	0	2.00	0.18	10.0	50	4.2	10	0.0	12.5	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1000	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
COOKIE DOUBLE CHOC I/W F AT CAT	1 EA	2000	139	13	99	1.80	0.90	30.0	0	0.0	12	2.0	24.4	4.3	1.50	0.00
Weighted Daily Average			718	53	1131	7.91	4.09	587.3	558	2.84	*45	26.68	97.54	25.66	9.27	*0.00
% of Calories											*25.0%	14.9%	54.3%	32.2%	11.6%	*0.0%
Nutrient Guideline			0													<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Yuba City USD

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Base Menu Spreadsheet

YCUSD - SUPPER

Portion Values - Detailed

Page 2

Generated on: 4/20/2022 3:18:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/04/2022																
YCUSD - SUPPER	Total	2000														
POCKET, TACO 4.5 OZ	2000		260	35	390	4.00	2.70	80.0	200	1.2	1	17.0	31.0	8.0	2.50	0.00
SALAD, SPINACH & ROMAINE	1EA #8 S COOP	2000	40	2	48	0.38	0.31	13.5	1730	4.94	*0	0.4	1.15	4.0	0.61	*0.00
FRUIT, PINEAPPLE FRESH	#8 SCOOP	2000	37	0	1	1.38	0.25	13.8	69	28.23	*N/A*	0.0	9.69	0.0	0.00	*N/A*
BREAD, ROLL DINNER 1 OZ	1 EACH	2000	85	9	23	0.60	0.80	19.0	65	0.0	*N/A*	3.1	15.0	1.5	0.00	*N/A*
MILK, 1% WHITE	CARTON	990	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			547	56	617	6.38	4.24	475.8	2564	34.97	*18	29.99	75.84	14.76	3.85	*0.00
% of Calories											*13.2%	21.9%	55.4%	24.3%	6.3%	*0.0%
Nutrient Guideline			0												<10.00	

Thu - 05/05/2022																
YCUSD - SUPPER	Total	2000														
TURKEY, HOT DOG ON A BUN	1 EACH	2000	300	50	680	3.00	2.16	230.0	0	0.0	4	14.0	31.0	14.0	4.00	0.00
POTATO, TATER TOTS	#8 SCOOP	2000	136	0	288	0.80	0.29	0.0	0	2.88	0	1.6	15.2	7.2	1.20	0.00
FRUIT, STRAWBERRIES FRESH	#8 SCOOP	2000	23	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.01	0.00
MILK, 1% WHITE	CARTON	990	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
POTATO, CHIP .5 OZ LAYS	BAG	2000	75	0	75	0.44	0.18	3.0	0	3.06	0	0.91	7.63	4.82	0.48	0.01
Weighted Daily Average			659	60	1198	5.69	3.11	594.0	509	48.87	25	26.48	78.36	27.49	6.44	0.01
% of Calories											14.9%	16.1%	47.5%	37.5%	8.8%	0.0%
Nutrient Guideline			0												<10.00	

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Base Menu Spreadsheet

YCUSD - SUPPER

Portion Values - Detailed

Page 3

Generated on: 4/20/2022 3:18:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/06/2022																
YCUSD - SUPPER	Total	2000														
CEREAL, CINNTOASTERS 2GB	BOWL	2000	240	0	270	3.00	9.00	200.0	0	0.0	19	3.0	44.0	7.0	0.50	0.00
YOGURT, DANIMALS CRUSH C	EACH 4OZ	2000	80	0	65	0.00	0.00	150.0	0	0.0	13	4.0	16.0	0.0	0.00	0.00
UP																
CHEESE, MOZZARELLA STRING	1 EACH	2000	80	20	200	0.00	0.00	220.0	0	0.0	0	6.0	1.0	6.0	3.00	0.00
VEG, CUCUMBER W/TAJIN	#8 SCOOP	2000	13	0	78	0.00	0.26	14.5	72	4.74	*0	0.0	2.89	0.0	0.00	0.00
FRUIT, MELON CHUNKS	#8 SCOOP	2000	27	0	10	0.57	0.17	5.7	1038	16.74	*2	0.55	6.45	0.05	0.01	*0.00
MILK, 1% WHITE	CARTON	1000	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			565	30	778	3.58	9.62	941.6	1613	22.08	*51	23.09	89.43	14.32	4.27	*0.00
% of Calories											*36.2%	16.3%	63.3%	22.8%	6.8%	*0.0%
Nutrient Guideline			0												<10.00	

Mon - 05/09/2022																
YCUSD - SUPPER	Total	2000														
CHICKEN PATTY ON BUN	1 EACH	2000	350	35	630	3.00	2.16	150.0	0	0.0	*4	20.0	41.0	12.0	2.00	0.00
VEG, CARROTS BABY - SNACK	PACK	2000	20	0	44	1.13	0.51	17.0	7824	4.76	*N/A*	0.57	4.54	0.0	0.00	*N/A*
FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, ORANGES FRESH	1 EACH	500	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1000	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			590	45	831	7.53	3.14	541.3	8475	33.34	*33	31.17	88.80	13.47	2.82	*0.00
% of Calories											*22.4%	21.1%	60.2%	20.5%	4.3%	*0.0%
Nutrient Guideline			0												<10.00	

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YCUSD - SUPPER

Portion Values - Detailed

Page 4

Generated on: 4/20/2022 3:18:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/10/2022																
YCUSD - SUPPER	Total	2000														
SANDWICH, PB & STRAWWG 2.6OZ	1 EACH	1500	320	0	320	4.00	1.44	20.0	0	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH, SB & GRAPE WG 2.8OZ	1 EACH	500	310	0	250	5.00	2.70	40.0	0	0.0	*N/A*	10.0	33.0	17.0	2.00	0.00
CHEESE, MOZZARELLA STRING	1 EACH	2000	80	20	200	0.00	0.00	220.0	0	0.0	0	6.0	1.0	6.0	3.00	0.00
VEG, CELERY STICKS	6 STICKS	2000	29	0	86	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FRUIT, APPLE SLICE BAG	BAG	2000	50	0	0	2.00	0.18	10.0	50	4.2	10	0.0	12.5	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1000	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			602	30	744	6.26	2.12	606.5	552	4.80	*36	25.54	64.83	24.27	6.88	0.00
% of Calories											*24.1%	17.0%	43.1%	36.3%	10.3%	0.0%
Nutrient Guideline			0													<10.00

Wed - 05/11/2022																
YCUSD - SUPPER	Total	2000														
BURRITO, BEAN&CHSEIW WG 5.95OZ	1 EACH	2000	312	0	447	7.62	3.06	195.1	811	8.54	*N/A*	15.3	41.28	10.64	4.71	0.00
HS BEAN, PINTO SPICY	#8 SCOOP	2000	148	0	404	9.03	0.02	0.4	0	0.02	*0	9.02	27.27	1.5	0.00	*0.00
FRUIT, PINEAPPLE FRESH	#8 SCOOP	2000	37	0	1	1.38	0.25	13.8	69	28.23	*N/A*	0.0	9.69	0.0	0.00	*N/A*
BREAD, ROLL DINNER 1 OZ	1 EACH	2000	85	9	23	0.60	0.80	19.0	65	0.0	*N/A*	3.1	15.0	1.5	0.00	*N/A*
MILK, 1% WHITE	CARTON	990	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
COOKIE, WG CHOC CHIP	1 EACH	2000	147	20	166	1.60	0.90	10.0	50	0.0	*N/A*	2.3	24.2	4.9	1.50	0.00
Weighted Daily Average			854	39	1196	20.24	5.21	587.9	1495	37.39	*17	39.21	136.44	19.80	6.95	*0.00
% of Calories											*8.0%	18.4%	63.9%	20.9%	7.3%	*0.0%
Nutrient Guideline			0													<10.00

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YCUSD - SUPPER

Portion Values - Detailed

Page 5

Generated on: 4/20/2022 3:18:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/12/2022																
YCUSD - SUPPER	Total	2000														
CHICKEN, NUGGETS 5EA RC	SERVING	2000	180	20	420	3.00	1.80	40.0	0	0.0	0	12.0	12.0	9.0	2.00	0.00
POTATO, TATER TOTS	#8 SCOOP	2000	136	0	288	0.80	0.29	0.0	0	2.88	0	1.6	15.2	7.2	1.20	0.00
FRUIT, STRAWBERRIES FRESH	#8 SCOOP	2000	23	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.01	0.00
MILK, 1% WHITE	CARTON	990	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			464	30	863	5.25	2.57	401.0	509	45.81	21	23.57	51.73	17.68	3.96	0.00
% of Calories											17.7%	20.3%	44.6%	34.3%	7.7%	0.0%
Nutrient Guideline			0													<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/13/2022																
YCUSD - SUPPER	Total	2000														
BURGER, CHEESE	1 EACH	2000	349	47	489	4.00	2.44	165.0	0	0.0	4	22.0	32.0	15.0	6.50	0.00
VEG, PICKLES DILL	SLICES	2000	1	0	90	0.07	0.04	0.7	14	0.13	*N/A*	0.07	0.28	0.0	0.00	*N/A*
FRUIT, MELON CHUNKS	#8 SCOOP	2000	27	0	10	0.57	0.17	5.7	1038	16.74	*2	0.55	6.45	0.05	0.01	*0.00
MILK, 1% WHITE	CARTON	1000	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
KETCHUP, PACKET	PACKET	2000	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
MUSTARD, PACKET	Pkt	2000	4	0	62	0.18	0.10	4.4	8	0.16	*N/A*	0.22	0.43	0.17	0.01	0.00
POTATO, CHIP .5 OZ LAYS	BAG	2000	75	0	75	0.44	0.18	3.0	0	3.06	0	0.91	7.63	4.82	0.48	0.01
Weighted Daily Average			591	57	962	5.29	3.15	531.6	1609	21.06	*25	33.38	68.34	21.32	7.76	*0.01
% of Calories											*17.0%	22.6%	46.3%	32.5%	11.8%	*0.0%
Nutrient Guideline			0													<10.00

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Page 6

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/16/2022																
YCUSD - SUPPER	Total	2000														
CHICKEN SALAD CUP W/ CRA CKERS	1/2 CUP	2000	398	72	501	0.94	2.45	19.8	50	0.14	*0	27.18	23.79	21.41	3.99	*0.05
VEG, CARROTS BABY - SNACK	PACK	2000	20	0	44	1.13	0.51	17.0	7824	4.76	*N/A*	0.57	4.54	0.0	0.00	*N/A*
FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, ORANGES FRESH	1 EACH	500	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1000	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			638	82	702	5.47	3.43	411.1	8524	33.48	*29	38.35	71.59	22.88	4.80	*0.05
% of Calories											*18.5%	24.0%	44.9%	32.3%	6.8%	*0.1%
Nutrient Guideline			0													<10.00

Tue - 05/17/2022																
YCUSD - SUPPER	Total	2000														
BREAD, STICK MOZZ W/SAUCE	1 EACH	2000	428	30	876	5.10	2.92	200.8	31	0.14	*11	15.14	47.8	20.09	7.02	*0.00
FRUIT, APPLE SLICE BAG	BAG	1000	50	0	0	2.00	0.18	10.0	50	4.2	10	0.0	12.5	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1000	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
COOKIE DOUBLE CHOC I/W F AT CAT	1 EA	2000	139	13	99	1.80	0.90	30.0	0	0.0	12	2.0	24.4	4.3	1.50	0.00
Weighted Daily Average			718	53	1131	7.91	4.09	587.3	558	2.84	*45	26.68	97.54	25.66	9.27	*0.00
% of Calories											*25.0%	14.9%	54.3%	32.2%	11.6%	*0.0%
Nutrient Guideline			0													<10.00

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Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

YCUSD - SUPPER

Portion Values - Detailed

Page 7

Generated on: 4/20/2022 3:18:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/18/2022																
YCUSD - SUPPER	Total	2000														
POCKET, TACO 4.5 OZ	2000		260	35	390	4.00	2.70	80.0	200	1.2	1	17.0	31.0	8.0	2.50	0.00
SALAD, SPINACH & ROMAINE	1EA #8 S COOP	2000	40	2	48	0.38	0.31	13.5	1730	4.94	*0	0.4	1.15	4.0	0.61	*0.00
FRUIT, PINEAPPLE FRESH	#8 SCOOP	2000	37	0	1	1.38	0.25	13.8	69	28.23	*N/A*	0.0	9.69	0.0	0.00	*N/A*
BREAD, ROLL DINNER 1 OZ	1 EACH	2000	85	9	23	0.60	0.80	19.0	65	0.0	*N/A*	3.1	15.0	1.5	0.00	*N/A*
MILK, 1% WHITE	CARTON	990	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			547	56	617	6.38	4.24	475.8	2564	34.97	*18	29.99	75.84	14.76	3.85	*0.00
% of Calories											*13.2%	21.9%	55.4%	24.3%	6.3%	*0.0%
Nutrient Guideline			0												<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/19/2022																
YCUSD - SUPPER	Total	2000														
TURKEY, HOT DOG ON A BUN	1 EACH	2000	300	50	680	3.00	2.16	230.0	0	0.0	4	14.0	31.0	14.0	4.00	0.00
POTATO, TATER TOTS	#8 SCOOP	2000	136	0	288	0.80	0.29	0.0	0	2.88	0	1.6	15.2	7.2	1.20	0.00
FRUIT, STRAWBERRIES FRESH	#8 SCOOP	2000	23	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.01	0.00
MILK, 1% WHITE	CARTON	990	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
POTATO, CHIP .5 OZ LAYS	BAG	2000	75	0	75	0.44	0.18	3.0	0	3.06	0	0.91	7.63	4.82	0.48	0.01
Weighted Daily Average			659	60	1198	5.69	3.11	594.0	509	48.87	25	26.48	78.36	27.49	6.44	0.01
% of Calories											14.9%	16.1%	47.5%	37.5%	8.8%	0.0%
Nutrient Guideline			0												<10.00	

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Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

YCUSD - SUPPER

Portion Values - Detailed

Page 8

Generated on: 4/20/2022 3:18:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/20/2022																
YCUSD - SUPPER	Total	2000														
CEREAL, CINNTOSTERS 2GB	BOWL	2000	240	0	270	3.00	9.00	200.0	0	0.0	19	3.0	44.0	7.0	0.50	0.00
YOGURT, DANIMALS CRUSH C	EACH 4OZ	2000	80	0	65	0.00	0.00	150.0	0	0.0	13	4.0	16.0	0.0	0.00	0.00
UP																
CHEESE, MOZZARELLA STRING	1 EACH	2000	80	20	200	0.00	0.00	220.0	0	0.0	0	6.0	1.0	6.0	3.00	0.00
VEG, CUCUMBER W/TAJIN	#8 SCOOP	2000	13	0	78	0.00	0.26	14.5	72	4.74	*0	0.0	2.89	0.0	0.00	0.00
FRUIT, MELON CHUNKS	#8 SCOOP	2000	27	0	10	0.57	0.17	5.7	1038	16.74	*2	0.55	6.45	0.05	0.01	*0.00
MILK, 1% WHITE	CARTON	1000	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			565	30	778	3.58	9.62	941.6	1613	22.08	*51	23.09	89.43	14.32	4.27	*0.00
% of Calories											*36.2%	16.3%	63.3%	22.8%	6.8%	*0.0%
Nutrient Guideline			0												<10.00	

Mon - 05/23/2022																
YCUSD - SUPPER	Total	2000														
CHICKEN PATTY ON BUN	1 EACH	2000	350	35	630	3.00	2.16	150.0	0	0.0	*4	20.0	41.0	12.0	2.00	0.00
VEG, CARROTS BABY - SNACK	PACK	2000	20	0	44	1.13	0.51	17.0	7824	4.76	*N/A*	0.57	4.54	0.0	0.00	*N/A*
FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, ORANGES FRESH	1 EACH	500	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1000	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			590	45	831	7.53	3.14	541.3	8475	33.34	*33	31.17	88.80	13.47	2.82	*0.00
% of Calories											*22.4%	21.1%	60.2%	20.5%	4.3%	*0.0%
Nutrient Guideline			0												<10.00	

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Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

YCUSD - SUPPER

Portion Values - Detailed

Page 9

Generated on: 4/20/2022 3:18:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/24/2022																
YCUSD - SUPPER	Total	2000														
SANDWICH, PB & STRAWWG 2.6OZ	1 EACH	1500	320	0	320	4.00	1.44	20.0	0	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH, SB & GRAPE WG 2.8OZ	1 EACH	500	310	0	250	5.00	2.70	40.0	0	0.0	*N/A*	10.0	33.0	17.0	2.00	0.00
CHEESE, MOZZARELLA STRING	1 EACH	2000	80	20	200	0.00	0.00	220.0	0	0.0	0	6.0	1.0	6.0	3.00	0.00
VEG, CELERY STICKS	6 STICKS	2000	29	0	86	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FRUIT, APPLE SLICE BAG	BAG	2000	50	0	0	2.00	0.18	10.0	50	4.2	10	0.0	12.5	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1000	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			602	30	744	6.26	2.12	606.5	552	4.80	*36	25.54	64.83	24.27	6.88	0.00
% of Calories											*24.1%	17.0%	43.1%	36.3%	10.3%	0.0%
Nutrient Guideline			0													<10.00

Wed - 05/25/2022																
YCUSD - SUPPER	Total	2000														
BURRITO, BEAN&CHSEIW WG 5.95OZ	1 EACH	2000	312	0	447	7.62	3.06	195.1	811	8.54	*N/A*	15.3	41.28	10.64	4.71	0.00
HS BEAN, PINTO SPICY	#8 SCOOP	2000	148	0	404	9.03	0.02	0.4	0	0.02	*0	9.02	27.27	1.5	0.00	*0.00
FRUIT, PINEAPPLE FRESH	#8 SCOOP	2000	37	0	1	1.38	0.25	13.8	69	28.23	*N/A*	0.0	9.69	0.0	0.00	*N/A*
BREAD, ROLL DINNER 1 OZ	1 EACH	2000	85	9	23	0.60	0.80	19.0	65	0.0	*N/A*	3.1	15.0	1.5	0.00	*N/A*
MILK, 1% WHITE	CARTON	990	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
COOKIE, WG CHOC CHIP	1 EACH	2000	147	20	166	1.60	0.90	10.0	50	0.0	*N/A*	2.3	24.2	4.9	1.50	0.00
Weighted Daily Average			854	39	1196	20.24	5.21	587.9	1495	37.39	*17	39.21	136.44	19.80	6.95	*0.00
% of Calories											*8.0%	18.4%	63.9%	20.9%	7.3%	*0.0%
Nutrient Guideline			0													<10.00

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Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

YCUSD - SUPPER

Portion Values - Detailed

Page 10

Generated on: 4/20/2022 3:18:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/26/2022																
YCUSD - SUPPER	Total	2000														
CHICKEN, NUGGETS 5EA RC	2000	2000	180	20	420	3.00	1.80	40.0	0	0.0	0	12.0	12.0	9.0	2.00	0.00
POTATO, TATER TOTS	#8 SCOOP	2000	136	0	288	0.80	0.29	0.0	0	2.88	0	1.6	15.2	7.2	1.20	0.00
FRUIT, STRAWBERRIES FRESH	#8 SCOOP	2000	23	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.01	0.00
MILK, 1% WHITE	CARTON	990	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			464	30	863	5.25	2.57	401.0	509	45.81	21	23.57	51.73	17.68	3.96	0.00
% of Calories											17.7%	20.3%	44.6%	34.3%	7.7%	0.0%
Nutrient Guideline			0													<10.00

Fri - 05/27/2022																
YCUSD - SUPPER	Total	2000														
BURGER, CHEESE	1 EACH	2000	349	47	489	4.00	2.44	165.0	0	0.0	4	22.0	32.0	15.0	6.50	0.00
VEG, PICKLES DILL	SLICES	2000	1	0	90	0.07	0.04	0.7	14	0.13	*N/A*	0.07	0.28	0.0	0.00	*N/A*
FRUIT, MELON CHUNKS	#8 SCOOP	2000	27	0	10	0.57	0.17	5.7	1038	16.74	*2	0.55	6.45	0.05	0.01	*0.00
MILK, 1% WHITE	CARTON	1000	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
KETCHUP, PACKET	PACKET	2000	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
MUSTARD, PACKET	Pkt	2000	4	0	62	0.18	0.10	4.4	8	0.16	*N/A*	0.22	0.43	0.17	0.01	0.00
POTATO, CHIP .5 OZ LAYS	BAG	2000	75	0	75	0.44	0.18	3.0	0	3.06	0	0.91	7.63	4.82	0.48	0.01
Weighted Daily Average			591	57	962	5.29	3.15	531.6	1609	21.06	*25	33.38	68.34	21.32	7.76	*0.01
% of Calories											*17.0%	22.6%	46.3%	32.5%	11.8%	*0.0%
Nutrient Guideline			0													<10.00

Tue - 05/31/2022																
YCUSD - SUPPER	Total	2000														
BREAD, STICK MOZZ W/SAUCE	1 EACH	2000	428	30	876	5.10	2.92	200.8	31	0.14	*11	15.14	47.8	20.09	7.02	*0.00
FRUIT, APPLE SLICE BAG	BAG	1000	50	0	0	2.00	0.18	10.0	50	4.2	10	0.0	12.5	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1000	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	1000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	10	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
COOKIE DOUBLE CHOC I/W F	1 EA	2000	139	13	99	1.80	0.90	30.0	0	0.0	12	2.0	24.4	4.3	1.50	0.00
AT CAT																

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			718	53	1131	7.91	4.09	587.3	558	2.84	*45	26.68	97.54	25.66	9.27	*0.00
% of Calories											*25.0%	14.9%	54.3%	32.2%	11.6%	*0.0%
Nutrient Guideline			0											<10.00		

Weighted Average			627	48	913	7.39	4.07	568.7	2542	27.24	*31	29.60	83.02	20.43	5.87	*0.01
											*44.1%	18.9%	52.9%	29.3%	8.4%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	627		0					
Cholesterol (mg)	48							
Sodium 1 (mg)	913						913	
Sodium 2 (mg)	913						913	
Fiber (g)	7.39							
Iron (mg)	4.07							
Calcium (mg)	568.7							
Vitamin A (IU)	2542							
Sugars (g)	31	19.58%			Missing			
Vitamin C (mg)	27.24							
Protein (g)	29.60	18.87%						
Carbohydrate (g)	83.02	52.92%						
Total Fat (g)	20.43	29.30%						
Saturated Fat (g)	5.87	8.42%	<10.00%					
Trans Fat ¹ (g)	0.01	0.01%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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