

Yuba City USD

Base Menu Spreadsheet

Portion Values - Detailed

May 1, 2022 thru May 31, 2022

PRE-SCHOOL SNACK

Generated on: 4/20/2022 3:23:41 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/02/2022																
PRE-SCHOOL SNACK	Total	250														
SNACK, CRACKER ALPHABET BC	1 EACH	250	120	0	55	2.00	1.00	11.0	0	0.0	6	2.0	20.0	4.5	0.00	0.00
JUICE APPLE SC TOTAL JUC 6 .75	CARTON	250	90	0	10	0.00	0.00	17.0	0	0.0	21	0.0	23.0	0.0	0.00	0.00
Weighted Daily Average			210	0	65	2.00	1.00	28.0	0	0.00	27	2.00	43.00	4.50	0.00	0.00
% of Calories											51.4%	3.8%	81.9%	19.3%	0.0%	0.0%
Nutrient Guideline			350		540											<10.00

Tue - 05/03/2022																
PRE-SCHOOL SNACK	Total	250														
YOGURT, DANIMALS CRUSH C UP	EACH 4OZ	250	80	0	65	0.00	0.00	150.0	0	0.0	13	4.0	16.0	0.0	0.00	0.00
SNACK, Belly Bear Cracker- J&J	1 EACH	250	130	0	100	1.00	1.08	100.0	0	0.0	8	2.0	20.0	4.0	0.00	0.00
Weighted Daily Average			210	0	165	1.00	1.08	250.0	0	0.00	21	6.00	36.00	4.00	0.00	0.00
% of Calories											40.0%	11.4%	68.6%	17.1%	0.0%	0.0%
Nutrient Guideline			350		540											<10.00

Wed - 05/04/2022																
PRE-SCHOOL SNACK	Total	250														
SNACK, Strawberry Sports - J&J	1 EACH	250	130	0	95	1.00	0.72	100.0	0	0.0	7	2.0	20.0	4.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	250	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
Weighted Daily Average			235	0	96	4.07	1.03	105.9	76	10.27	21	3.29	46.95	4.39	0.13	0.00
% of Calories											36.5%	5.6%	79.9%	16.8%	0.5%	0.0%
Nutrient Guideline			350		540											<10.00

Thu - 05/05/2022																
PRE-SCHOOL SNACK	Total	250														
VEG, CARROT STICKS	6 STICKS	250	46	0	78	3.40	0.41	34.0	19051	6.8	*N/A*	1.13	11.34	0.0	0.00	*N/A*
JUICE APPLE SC TOTAL JUC 6 .75	CARTON	250	90	0	10	0.00	0.00	17.0	0	0.0	21	0.0	23.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			136	0	88	3.40	0.41	51.0	19051	6.80	*21 *61.5%	1.13 3.3%	34.34 100.6%	0.00 0.0%	0.00 0.0%	*0.00 *0.0%
Nutrient Guideline			350		540											<10.00

Fri - 05/06/2022																
PRE-SCHOOL SNACK	Total	250														
SNACK, Dots Crackers Vanilla	1 EACH	250	120	0	95	1.00	0.72	100.0	0	0.0	7	2.0	20.0	4.0	0.00	0.00
MILK, 1% WHITE	CARTON	250	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			250	15	255	1.00	0.72	500.0	500	1.20	22 35.2%	12.00 19.2%	36.00 57.6%	6.50 23.4%	1.50 5.4%	0.00 0.0%
Nutrient Guideline			350		540											<10.00

Mon - 05/09/2022																
PRE-SCHOOL SNACK	Total	250														
SNACK, GOLDFISH CRACKERS	1 EACH	250	100	4	170	1.00	0.36	20.0	0	0.0	*N/A*	3.0	14.0	3.5	1.00	0.00
MILK, GALLON 1%	.5 CUP	250	65	8	80	0.00	0.00	200.0	250	0.6	8	5.0	8.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			165	12	250	1.00	0.36	220.0	250	0.60	*8 *18.2%	8.00 19.4%	22.00 53.3%	4.75 25.9%	1.75 9.5%	0.00 0.0%
Nutrient Guideline			350		540											<10.00

Tue - 05/10/2022																
PRE-SCHOOL SNACK	Total	250														
TORTILLA, CHIPS	PACKAGE	250	203	0	83	3.00	0.60	27.0	150	1.5	*N/A*	3.0	28.5	7.5	1.50	0.00
SALSA, COMMODITY	#8 SCOOP	250	35	0	124	3.54	0.00	0.0	0	0.0	*N/A*	0.0	7.09	0.0	0.00	0.00
Weighted Daily Average % of Calories			238	0	207	6.54	0.60	27.0	150	1.50	*N/A* *N/A%*	3.00 5.0%	35.59 59.8%	7.50 28.4%	1.50 5.7%	0.00 0.0%
Nutrient Guideline			350		540											<10.00

Wed - 05/11/2022																
PRE-SCHOOL SNACK	Total	250														
SNACK, PRETZEL STICKLETS	BAG	250	70	0	230	3.00	1.00	9.0	0	0.0	0	2.0	16.0	0.0	0.00	0.00
FRUIT, RAISINS	BOX	250	114	0	10	1.71	0.68	23.6	0	0.87	25	1.25	30.14	0.1	0.04	0.00

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Base Menu Spreadsheet

PRE-SCHOOL SNACK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			184	0	240	4.71	1.68	32.6	0	0.87	25	3.25	46.14	0.10	0.04	0.00
% of Calories											54.0%	7.1%	100.5%	0.5%	0.2%	0.0%
Nutrient Guideline			350		540										<10.00	

Thu - 05/12/2022																
PRE-SCHOOL SNACK	Total	250														
SNACK, CRACKER ANIMAL BC	1 EACH	250	120	0	55	2.00	1.00	11.0	0	0.0	6	2.0	20.0	4.5	0.00	0.00
FRUIT, APPLESAUCE	.5 CUP	250	90	0	15	1.00	1.80	0.0	0	2.4	*N/A*	0.0	23.0	0.0	0.00	0.00
Weighted Daily Average			210	0	70	3.00	2.80	11.0	0	2.40	*6	2.00	43.00	4.50	0.00	0.00
% of Calories											*11.4%	3.8%	81.9%	19.3%	0.0%	0.0%
Nutrient Guideline			350		540										<10.00	

Fri - 05/13/2022																
PRE-SCHOOL SNACK	Total	250														
BAGEL PLAIN MINI	BAGEL	250	70	0	125	2.00	0.36	0.0	0	0.0	2	2.0	15.0	0.0	0.00	0.00
PEANUT BUTTER, CUP	1 CUP	200	180	0	160	2.00	0.72	20.0	0	0.0	3	7.0	8.0	15.0	2.00	0.00
SUNBUTTER CUP	SERVING	50	400	0	240	8.00	2.88	40.0	30	0.0	6	14.0	14.0	34.0	4.00	0.00
Weighted Daily Average			294	0	301	5.20	1.51	24.0	6	0.00	6	10.40	24.20	18.80	2.40	0.00
% of Calories											7.6%	14.1%	32.9%	57.6%	7.3%	0.0%
Nutrient Guideline			350		540										<10.00	

Mon - 05/16/2022																
PRE-SCHOOL SNACK	Total	250														
SNACK, Dots Crackers Vanilla	1 EACH	250	120	0	95	1.00	0.72	100.0	0	0.0	7	2.0	20.0	4.0	0.00	0.00
MILK, 1% WHITE	CARTON	250	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
Weighted Daily Average			250	15	255	1.00	0.72	500.0	500	1.20	22	12.00	36.00	6.50	1.50	0.00
% of Calories											35.2%	19.2%	57.6%	23.4%	5.4%	0.0%
Nutrient Guideline			350		540										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/17/2022																
PRE-SCHOOL SNACK	Total	250														
SNACK, Strawberry Sports - J&J	1 EACH	250	130	0	95	1.00	0.72	100.0	0	0.0	7	2.0	20.0	4.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	250	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
Weighted Daily Average			235	0	96	4.07	1.03	105.9	76	10.27	21	3.29	46.95	4.39	0.13	0.00
% of Calories											36.5%	5.6%	79.9%	16.8%	0.5%	0.0%
Nutrient Guideline			350		540											<10.00

Wed - 05/18/2022																
PRE-SCHOOL SNACK	Total	250														
VEG, CARROT STICKS	6 STICKS	250	46	0	78	3.40	0.41	34.0	19051	6.8	*N/A*	1.13	11.34	0.0	0.00	*N/A*
JUICE APPLE SC TOTAL JUC 6	CARTON	250	90	0	10	0.00	0.00	17.0	0	0.0	21	0.0	23.0	0.0	0.00	0.00
.75																
Weighted Daily Average			136	0	88	3.40	0.41	51.0	19051	6.80	*21	1.13	34.34	0.00	0.00	*0.00
% of Calories											*61.5%	3.3%	100.6%	0.0%	0.0%	*0.0%
Nutrient Guideline			350		540											<10.00

Thu - 05/19/2022																
PRE-SCHOOL SNACK	Total	250														
YOGURT, DANIMALS CRUSH C	EACH 4OZ	250	80	0	65	0.00	0.00	150.0	0	0.0	13	4.0	16.0	0.0	0.00	0.00
UP																
SNACK, Belly Bear Cracker- J&J	1 EACH	250	130	0	100	1.00	1.08	100.0	0	0.0	8	2.0	20.0	4.0	0.00	0.00
Weighted Daily Average			210	0	165	1.00	1.08	250.0	0	0.00	21	6.00	36.00	4.00	0.00	0.00
% of Calories											40.0%	11.4%	68.6%	17.1%	0.0%	0.0%
Nutrient Guideline			350		540											<10.00

Fri - 05/20/2022																
PRE-SCHOOL SNACK	Total	250														
SNACK, CRACKER ALPHABET	1 EACH	250	120	0	55	2.00	1.00	11.0	0	0.0	6	2.0	20.0	4.5	0.00	0.00
BC																
JUICE APPLE SC TOTAL JUC 6	CARTON	250	90	0	10	0.00	0.00	17.0	0	0.0	21	0.0	23.0	0.0	0.00	0.00
.75																

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PRE-SCHOOL SNACK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			210	0	65	2.00	1.00	28.0	0	0.00	27	2.00	43.00	4.50	0.00	0.00
% of Calories											51.4%	3.8%	81.9%	19.3%	0.0%	0.0%
Nutrient Guideline			350		540										<10.00	

Mon - 05/23/2022																
PRE-SCHOOL SNACK	Total	250														
BAGEL PLAIN MINI	BAGEL	250	70	0	125	2.00	0.36	0.0	0	0.0	2	2.0	15.0	0.0	0.00	0.00
PEANUT BUTTER, CUP	1 CUP	200	180	0	160	2.00	0.72	20.0	0	0.0	3	7.0	8.0	15.0	2.00	0.00
SUNBUTTER CUP	SERVING	50	400	0	240	8.00	2.88	40.0	30	0.0	6	14.0	14.0	34.0	4.00	0.00
Weighted Daily Average			294	0	301	5.20	1.51	24.0	6	0.00	6	10.40	24.20	18.80	2.40	0.00
% of Calories											7.6%	14.1%	32.9%	57.6%	7.3%	0.0%
Nutrient Guideline			350		540										<10.00	

Tue - 05/24/2022																
PRE-SCHOOL SNACK	Total	250														
SNACK, GOLDFISH CRACKERS	1 EACH	250	100	4	170	1.00	0.36	20.0	0	0.0	*N/A*	3.0	14.0	3.5	1.00	0.00
MILK, GALLON 1%	.5 CUP	250	65	8	80	0.00	0.00	200.0	250	0.6	8	5.0	8.0	1.25	0.75	0.00
Weighted Daily Average			165	12	250	1.00	0.36	220.0	250	0.60	*8	8.00	22.00	4.75	1.75	0.00
% of Calories											*18.2%	19.4%	53.3%	25.9%	9.5%	0.0%
Nutrient Guideline			350		540										<10.00	

Wed - 05/25/2022																
PRE-SCHOOL SNACK	Total	250														
SNACK, PRETZEL STICKLETS	BAG	250	70	0	230	3.00	1.00	9.0	0	0.0	0	2.0	16.0	0.0	0.00	0.00
FRUIT, RAISINS	BOX	250	114	0	10	1.71	0.68	23.6	0	0.87	25	1.25	30.14	0.1	0.04	0.00
Weighted Daily Average			184	0	240	4.71	1.68	32.6	0	0.87	25	3.25	46.14	0.10	0.04	0.00
% of Calories											54.0%	7.1%	100.5%	0.5%	0.2%	0.0%
Nutrient Guideline			350		540										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/26/2022																
PRE-SCHOOL SNACK	Total	250														
TORTILLA, CHIPS	PACKAGE	250	203	0	83	3.00	0.60	27.0	150	1.5	*N/A*	3.0	28.5	7.5	1.50	0.00
SALSA, COMMODITY	#8 SCOOP	250	35	0	124	3.54	0.00	0.0	0	0.0	*N/A*	0.0	7.09	0.0	0.00	0.00
Weighted Daily Average % of Calories			238	0	207	6.54	0.60	27.0	150	1.50	*N/A*	3.00	35.59	7.50	1.50	0.00
Nutrient Guideline			350		540							5.0%	59.8%	28.4%	5.7%	<10.00

Fri - 05/27/2022																
PRE-SCHOOL SNACK	Total	250														
SNACK, CRACKER ANIMAL BC	1 EACH	250	120	0	55	2.00	1.00	11.0	0	0.0	6	2.0	20.0	4.5	0.00	0.00
FRUIT, APPLESAUCE	.5 CUP	250	90	0	15	1.00	1.80	0.0	0	2.4	*N/A*	0.0	23.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			210	0	70	3.00	2.80	11.0	0	2.40	*6	2.00	43.00	4.50	0.00	0.00
Nutrient Guideline			350		540						*11.4%	3.8%	81.9%	19.3%	0.0%	<10.00

Tue - 05/31/2022																
PRE-SCHOOL SNACK	Total	250														
SNACK, CRACKER ALPHABET BC	1 EACH	250	120	0	55	2.00	1.00	11.0	0	0.0	6	2.0	20.0	4.5	0.00	0.00
JUICE APPLE SC TOTAL JUC 6 .75	CARTON	250	90	0	10	0.00	0.00	17.0	0	0.0	21	0.0	23.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			210	0	65	2.00	1.00	28.0	0	0.00	27	2.00	43.00	4.50	0.00	0.00
Nutrient Guideline			350		540						51.4%	3.8%	81.9%	19.3%	0.0%	<10.00

Weighted Average			213	3	169	3.14	1.11	120.3	1908	2.25	*16	4.96	37.02	5.46	0.70	*0.00
											*67.9%	9.3%	69.5%	23.0%	2.9%	*0.0%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	213		350	61%		137				Correction Required - Calories are Low							
Cholesterol (mg)	3																
Sodium 1 (mg)	169		540														
Sodium 2 (mg)	169								169								
Fiber (g)	3.14																
Iron (mg)	1.11																
Calcium (mg)	120.3																
Vitamin A (IU)	1908																
Sugars (g)	16	30.18%				Missing											
Vitamin C (mg)	2.25																
Protein (g)	4.96	9.31%															
Carbohydrate (g)	37.02	69.51%															
Total Fat (g)	5.46	23.05%															
Saturated Fat (g)	0.70	2.94%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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