

Yuba City USD

Base Menu Spreadsheet

Portion Values - Detailed

May 1, 2022 thru May 31, 2022

ELEMENTARY LUNCH 6-8

Generated on: 4/20/2022 3:16:35 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/02/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
SLOPPY JOE BEEF SCRATCH	SERVING	1000	277	24	347	3.41	1.73	161.6	165	1.9	*6	14.1	40.08	7.71	1.87	*0.93
MAC & CHEESE, WG JTM	#6 SCOOP	1000	286	37	441	2.00	0.00	365.0	493	1.0	8	15.0	31.0	12.0	6.50	0.00
BREAD, ROLL DINNER 1 OZ	1 EACH	1000	85	9	23	0.60	0.80	19.0	65	0.0	*N/A*	3.1	15.0	1.5	0.00	*N/A*
SANDWICH, PB & GRAPE WG 2.8OZ	1 EACH	500	310	0	300	4.00	1.08	60.0	0	0.0	*N/A*	10.0	35.0	16.0	2.50	0.00
SANDWICH, SB & GRAPE WG 2.8OZ	1 EACH	500	310	0	250	5.00	2.70	40.0	0	0.0	*N/A*	10.0	33.0	17.0	2.00	0.00
CHEESE, MOZZARELLA STRING	1 EACH	100	80	20	200	0.00	0.00	220.0	0	0.0	0	6.0	1.0	6.0	3.00	0.00
POTATO, SMILES	SERVING S (6)	2000	160	0	390	2.00	0.00	0.0	0	3.6	*N/A*	2.0	24.0	6.0	1.00	0.00
VEG, CARROTS BABY - SNACK	PACK	1500	20	0	44	1.13	0.51	17.0	7824	4.76	*N/A*	0.57	4.54	0.0	0.00	*N/A*
FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, RAISINS	BOX	1500	114	0	10	1.71	0.68	23.6	0	0.87	25	1.25	30.14	0.1	0.04	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			720	30	801	10.59	2.85	562.8	4753	14.79	*54	25.51	118.57	17.98	4.66	*0.31
% of Calories											*29.9%	14.2%	65.8%	22.5%	5.8%	*0.4%
Nutrient Guideline			600-700		1360										<10.00	

Tue - 05/03/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
SANDWICH, GRILL TURK & CH	1 EACH	1000	381	63	1664	4.00	2.20	74.6	42	1.0	*4	33.49	35.6	13.18	5.80	*0.00
SANDWICH, GRILLED CHEESE	1 EACH	1000	447	60	858	4.00	1.80	70.0	83	0.0	*4	23.0	35.0	24.83	12.33	*0.00
SANDWICH, MEATBALL	1 EACH	1000	307	35	480	3.38	2.37	16.0	11	0.0	*6	16.17	36.42	9.95	3.36	0.00
VEG, GREEN BEANS	#16 SCOO	1500	8	0	70	1.00	0.00	0.0	0	0.0	1	0.5	1.5	0.0	0.00	0.00
SALAD, SPINACH & ROMAINE	1EA #8 S COOP	1500	40	2	48	0.38	0.31	13.5	1730	4.94	*0	0.4	1.15	4.0	0.61	*0.00
FRUIT, ORANGES FRESH	1 EACH	3000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEAR CANNED USDA	#8 SCOOP	1500	60	0	5	2.00	0.24	8.0	60	2.5	12	0.0	15.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			626	60	1209	9.21	2.97	440.3	1780	87.24	*29	35.37	82.48	19.16	7.80	*0.00
% of Calories											*18.4%	22.6%	52.7%	27.5%	11.2%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH 6-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/04/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
PIZZA, WG CHEESE SLIDERS	2 EACH	1000	295	36	598	3.52	1.36	501.3	450	11.5	4	18.65	30.75	11.17	6.02	0.00
PIZZA, WG PEP SLIDERS	2 EACH	1000	342	40	697	3.30	1.28	428.5	442	10.44	4	18.95	29.5	17.66	7.54	0.00
POCKET, PIZZA 4.5 OZ	1 EACH	1000	250	30	410	4.00	2.70	60.0	100	2.4	2	14.0	32.0	8.0	2.00	0.00
POTATO, FRIES SPICY TWISTER	1/2 CUP	1000	273	2	546	3.41	1.84	0.0	0	10.24	*N/A*	3.41	34.13	13.65	5.97	0.00
POTATO, FRIES PLAIN TWISTER	1/2 CUP	2000	130	0	40	1.00	0.36	0.0	0	0.0	0	2.0	20.0	5.0	1.00	0.00
VEG, TOMATO GRAPE	#8 SCOOP	1500	18	0	3	0.50	0.18	0.0	378	10.57	*N/A*	0.5	3.52	0.5	0.00	*N/A*
FRUIT, PEAR FRESH	1 EACH	3000	97	0	2	5.03	0.36	10.1	50	7.24	*N/A*	1.01	26.16	0.0	0.00	*N/A*
FRUIT, MIXED	#8 SCOOP	1500	60	0	10	0.00	0.00	0.0	12	0.8	*N/A*	0.0	17.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
CAKE STARTER, DEVILS BERNARD	SERVING	3000	133	10	162	1.49	1.05	32.0	108	0.11	*12	3.23	23.78	3.48	0.74	*0.00
Weighted Daily Average			866	52	1093	12.51	4.56	688.6	1183	24.76	*33	33.16	135.83	25.06	8.92	*0.00
% of Calories											*15.3%	15.3%	62.7%	26.0%	9.3%	*0.0%
Nutrient Guideline			600-700		1360									<10.00		

Thu - 05/05/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
TACO, BEEF SOFT WHEAT TO RTILLA	SERVINGS	1000	289	43	529	4.00	2.93	26.1	203	1.9	*0	19.52	27.94	11.46	5.07	*0.00
QUESADILLA, CHEESE(SCRATCH)2/2	1 EACH	1000	540	80	990	6.00	2.70	0.0	0	1.2	0	25.0	33.0	33.0	17.50	0.00
BURRITO, BEAN&CHSEIW WG 5.95OZ	1 EACH	1000	312	0	447	7.62	3.06	195.1	811	8.54	*N/A*	15.3	41.28	10.64	4.71	0.00
VEG, CORN CANNED - USDA	#8 SCOOP	2000	65	0	15	2.00	0.00	0.0	0	0.0	*N/A*	2.0	15.0	1.0	0.00	0.00
VEG, CELERY STICKS	6 STICKS	1500	29	0	86	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEACHES CAN USDA	#8 SCOOP	1500	60	0	5	1.00	0.00	6.0	340	3.8	13	0.0	14.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00

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May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH 6-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			684	47	857	11.53	3.59	421.8	1180	39.86	*35	31.27	94.49	20.33	9.47	*0.00
% of Calories											*20.7%	18.3%	55.2%	26.7%	12.5%	*0.0%
Nutrient Guideline			600-700		1360											<10.00

Fri - 05/06/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
BURGER, ON A BUN	1 EACH	1000	288	35	339	4.00	2.44	172.0	0	0.0	4	20.0	31.0	10.0	3.20	0.00
BURGER, VEGGIE CHEESE	1 EACH	1000	370	20	761	9.01	4.15	230.2	0	0.0	*4	31.04	40.02	10.0	4.00	0.00
CHICK ON BUN	1 EACH	1000	414	59	521	6.00	2.44	165.0	61	0.0	*4	24.0	45.0	16.0	3.00	0.00
VEG, MIXED FROZEN	.5 CUP	3000	60	0	39	3.00	0.00	0.0	0	0.0	3	2.0	12.0	0.0	0.00	0.00
VEG, CUCUMBER	#8 SCOOP	1500	4	0	0	0.00	0.09	5.0	25	0.6	*N/A*	0.0	1.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, PEACH CUP FROZEN	SERVING	1000	80	0	0	1.00	0.36	0.0	300	162.0	*N/A*	1.0	19.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			662	44	725	13.49	3.87	536.7	804	88.38	*36	37.34	100.93	13.30	3.78	0.00
% of Calories											*21.6%	22.6%	61.0%	18.1%	5.1%	0.0%
Nutrient Guideline			600-700		1360											<10.00

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ELEMENTARY LUNCH 6-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/09/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
PRETZEL, NUGGETS W/CHEESE	SERVING	1000	336	56	910	4.00	1.44	406.0	778	0.0	2	18.0	32.0	16.0	9.20	0.00
CHICKEN, POPCORN WG 10 E	SERVING	1000	180	20	420	3.00	1.80	40.0	0	0.0	0	12.0	12.0	9.0	2.00	0.00
ACH RC	(10)															
SANDWICH UNCRUST PB&GR P 5.3	1 EA	500	600	0	540	7.00	3.00	78.0	0	0.0	29	18.0	64.0	34.0	6.00	0.00
SANDWICH, SB & GRAPE WG 2.8OZ	1 EACH	500	310	0	250	5.00	2.70	40.0	0	0.0	*N/A*	10.0	33.0	17.0	2.00	0.00
CHEESE, MOZZARELLA STRING POTATO, SMILES	1 EACH	1000	80	20	200	0.00	0.00	220.0	0	0.0	0	6.0	1.0	6.0	3.00	0.00
	SERVING	2000	160	0	390	2.00	0.00	0.0	0	3.6	*N/A*	2.0	24.0	6.0	1.00	0.00
	S (6)															
VEG, CARROTS BABY - SNACK	PACK	1500	20	0	44	1.13	0.51	17.0	7824	4.76	*N/A*	0.57	4.54	0.0	0.00	*N/A*
FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, RAISINS	BOX	1500	114	0	10	1.71	0.68	23.6	0	0.87	25	1.25	30.14	0.1	0.04	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			749	38	1074	11.42	3.41	598.6	4772	13.82	*55	27.91	109.67	24.05	7.08	*0.00
% of Calories											*29.1%	14.9%	58.6%	28.9%	8.5%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

Tue - 05/10/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
CORN DOG, MINI CHICK TYSON	SERVING	1000	315	49	570	2.43	1.75	24.3	0	0.0	6	14.55	27.89	16.98	3.64	*N/A*
	(6)															
SANDWICH, VEGGIE STACKER	SANDWIC	1000	528	80	924	3.46	1.61	157.3	322	3.7	*4	27.46	35.75	30.0	16.00	*0.00
TURKEY, HOT DOG ON A BUN	1 EACH	1000	300	50	680	3.00	2.16	230.0	0	0.0	4	14.0	31.0	14.0	4.00	0.00
VEG, GREEN BEANS	#8 SCOOP	2000	16	0	140	2.00	0.00	0.0	0	0.0	1	1.0	3.0	0.0	0.00	0.00
SALAD, SPINACH & ROMAINE	1EA #8 S	1500	40	2	48	0.38	0.31	13.5	1730	4.94	*0	0.4	1.15	4.0	0.61	*0.00
	COOP															
FRUIT, ORANGES FRESH	1 EACH	3000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEAR CANNED USDA	#8 SCOOP	1500	60	0	5	2.00	0.24	8.0	60	2.5	12	0.0	15.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00

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ELEMENTARY LUNCH 6-8

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			636	66	991	9.21	2.68	524.0	1842	88.14	*29 *18.3%	30.24 19.0%	79.60 50.1%	23.49 33.3%	8.52 12.1%	*0.00 *0.0%
Nutrient Guideline			600-700		1360											<10.00

Wed - 05/11/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
WAFFLE	WAFFLE	1000	90	4	181	0.81	0.76	11.6	351	0.0	*N/A*	1.65	15.63	2.06	0.41	0.00
YOGURT, STRAW 4 OZ DANIMAL	SERVING	1000	130	15	85	0.00	0.00	150.0	100	0.0	*N/A*	6.0	20.0	3.0	2.00	0.00
CHEESE, MOZZARELLA STRING	1 EACH	1000	80	20	200	0.00	0.00	220.0	0	0.0	0	6.0	1.0	6.0	3.00	0.00
WAFFLE	WAFFLE	1000	90	4	181	0.81	0.76	11.6	351	0.0	*N/A*	1.65	15.63	2.06	0.41	0.00
SAUSAGE, PATTIE TURKEY1.0 25OZ.	SERVING	1000	120	60	180	0.00	0.72	0.0	0	0.0	0	12.0	0.0	8.0	2.00	0.00
BRKFST, SAUSAGE & EGG BIS CUIT	1 EACH	1000	350	155	690	2.00	1.44	100.0	0	0.0	*0	14.0	29.0	20.0	7.50	0.00
POTATO, FRIES SPICY TWISTER	1/2 CUP	1000	273	2	546	3.41	1.84	0.0	0	10.24	*N/A*	3.41	34.13	13.65	5.97	0.00
POTATO, FRIES PLAIN TWISTER	1/2 CUP	2000	130	0	40	1.00	0.36	0.0	0	0.0	0	2.0	20.0	5.0	1.00	0.00
VEG, TOMATO GRAPE	#8 SCOOP	1500	18	0	3	0.50	0.18	0.0	378	10.57	*N/A*	0.5	3.52	0.5	0.00	*N/A*
FRUIT, PEAR FRESH	1 EACH	3000	97	0	2	5.03	0.36	10.1	50	7.24	*N/A*	1.01	26.16	0.0	0.00	*N/A*
FRUIT, MIXED	#8 SCOOP	1500	60	0	10	0.00	0.00	0.0	12	0.8	*N/A*	0.0	17.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
CAKE STARTER, DEVILS BERNARD	SERVING	3000	133	10	162	1.49	1.05	32.0	108	0.11	*12	3.23	23.78	3.48	0.74	*0.00
Weighted Daily Average % of Calories			858	102	1030	10.12	4.01	523.1	1120	16.65	*30 *14.0%	29.73 13.9%	132.17 61.6%	26.48 27.8%	8.84 9.3%	*0.00 *0.0%
Nutrient Guideline			600-700		1360											<10.00

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Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH 6-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/12/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
CHICKEN FAJITA ON TORTILLA	1 EACH	1000	320	84	853	6.00	3.80	72.0	720	18.48	*0	25.16	30.08	11.12	3.30	0.00
ENCHILADAS, CHEESE	2 EACH	1000	275	30	582	1.96	0.84	435.5	803	0.32	*N/A*	18.54	26.71	11.23	6.84	0.00
POCKET, TACO 4.5 OZ	POCKET	1000	260	35	390	4.00	2.70	80.0	200	1.2	1	17.0	31.0	8.0	2.50	0.00
VEG, CORN CANNED - USDA	#8 SCOOP	2000	65	0	15	2.00	0.00	0.0	0	0.0	*N/A*	2.0	15.0	1.0	0.00	0.00
VEG, CELERY STICKS	6 STICKS	1500	29	0	86	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEACHES CAN USDA	#8 SCOOP	1500	60	0	5	1.00	0.00	6.0	340	3.8	13	0.0	14.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			589	55	810	9.64	3.14	543.9	1416	42.65	*36	31.56	89.69	12.08	4.59	0.00
% of Calories											*24.2%	21.4%	60.9%	18.5%	7.0%	0.0%
Nutrient Guideline			600-700		1360										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/13/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
TURKEY, BBQ SANDWICH	SANDWICHES	1000	365	31	1254	2.47	2.21	12.9	250	3.44	*11	21.77	63.27	2.89	0.72	*0.01
WRAP, VEGETARIAN 2/2	1 EACH	1000	548	80	994	6.46	2.87	7.3	322	4.9	*0	25.46	34.75	33.0	17.50	*0.00
TUNA, SALAD MIX SUPPER	1/2 CUP	1000	156	34	409	0.03	0.39	0.5	0	0.02	*0	13.01	2.42	10.63	1.52	*0.00
CRACKER, SALTINES	PACKAGE	1000	30	0	90	0.50	0.36	0.0	0	0.0	*N/A*	1.0	5.09	0.75	0.00	*N/A*
VEG, MIXED FROZEN	.5 CUP	3000	60	0	39	3.00	0.00	0.0	0	0.0	3	2.0	12.0	0.0	0.00	0.00
VEG, CUCUMBER	#8 SCOOP	1500	4	0	0	0.00	0.09	5.0	25	0.6	*N/A*	0.0	1.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, PEACH CUP FROZEN	SERVING	1000	80	0	0	1.00	0.36	0.0	300	162.0	*N/A*	1.0	19.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			671	54	1101	10.31	2.80	354.5	975	91.17	*35	32.74	97.43	17.05	6.96	*0.00
% of Calories											*21.1%	19.5%	58.0%	22.9%	9.3%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

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Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH 6-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/16/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
SLOPPY JOE BEEF SCRATCH	SERVING	1000	277	24	347	3.41	1.73	161.6	165	1.9	*6	14.1	40.08	7.71	1.87	*0.93
MAC & CHEESE, WG JTM	#6 SCOOP	1000	286	37	441	2.00	0.00	365.0	493	1.0	8	15.0	31.0	12.0	6.50	0.00
BREAD, ROLL DINNER 1 OZ	1 EACH	1000	85	9	23	0.60	0.80	19.0	65	0.0	*N/A*	3.1	15.0	1.5	0.00	*N/A*
SANDWICH, PB & GRAPE WG 2.8OZ	1 EACH	500	310	0	300	4.00	1.08	60.0	0	0.0	*N/A*	10.0	35.0	16.0	2.50	0.00
SANDWICH, SB & GRAPE WG 2.8OZ	1 EACH	500	310	0	250	5.00	2.70	40.0	0	0.0	*N/A*	10.0	33.0	17.0	2.00	0.00
CHEESE, MOZZARELLA STRING	1 EACH	100	80	20	200	0.00	0.00	220.0	0	0.0	0	6.0	1.0	6.0	3.00	0.00
POTATO, SMILES	SERVING S (6)	2000	160	0	390	2.00	0.00	0.0	0	3.6	*N/A*	2.0	24.0	6.0	1.00	0.00
VEG, CARROTS BABY - SNACK	PACK	1500	20	0	44	1.13	0.51	17.0	7824	4.76	*N/A*	0.57	4.54	0.0	0.00	*N/A*
FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, RAISINS	BOX	1500	114	0	10	1.71	0.68	23.6	0	0.87	25	1.25	30.14	0.1	0.04	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			720	30	801	10.59	2.85	562.8	4753	14.79	*54	25.51	118.57	17.98	4.66	*0.31
% of Calories											*29.9%	14.2%	65.8%	22.5%	5.8%	*0.4%
Nutrient Guideline			600-700		1360										<10.00	

Tue - 05/17/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
SANDWICH, GRILL TURK & CH	1 EACH	1000	381	63	1664	4.00	2.20	74.6	42	1.0	*4	33.49	35.6	13.18	5.80	*0.00
SANDWICH, GRILLED CHEESE	1 EACH	1000	447	60	858	4.00	1.80	70.0	83	0.0	*4	23.0	35.0	24.83	12.33	*0.00
SANDWICH, MEATBALL	1 EACH	1000	307	35	480	3.38	2.37	16.0	11	0.0	*6	16.17	36.42	9.95	3.36	0.00
VEG, GREEN BEANS	#16 SCOOP	1500	8	0	70	1.00	0.00	0.0	0	0.0	1	0.5	1.5	0.0	0.00	0.00
SALAD, SPINACH & ROMAINE	1EA #8 S COOP	1500	40	2	48	0.38	0.31	13.5	1730	4.94	*0	0.4	1.15	4.0	0.61	*0.00
FRUIT, ORANGES FRESH	1 EACH	3000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEAR CANNED USDA	#8 SCOOP	1500	60	0	5	2.00	0.24	8.0	60	2.5	12	0.0	15.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00

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Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH 6-8

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			626	60	1209	9.21	2.97	440.3	1780	87.24	*29	35.37	82.48	19.16	7.80	*0.00
% of Calories											*18.4%	22.6%	52.7%	27.5%	11.2%	*0.0%
Nutrient Guideline			600-700		1360											<10.00

Wed - 05/18/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
PIZZA, WG CHEESE SLIDERS	2 EACH	1000	295	36	598	3.52	1.36	501.3	450	11.5	4	18.65	30.75	11.17	6.02	0.00
PIZZA, WG PEP SLIDERS	2 EACH	1000	342	40	697	3.30	1.28	428.5	442	10.44	4	18.95	29.5	17.66	7.54	0.00
POCKET, PIZZA 4.5 OZ	1 EACH	1000	250	30	410	4.00	2.70	60.0	100	2.4	2	14.0	32.0	8.0	2.00	0.00
POTATO, FRIES SPICY TWISTER	1/2 CUP	1000	273	2	546	3.41	1.84	0.0	0	10.24	*N/A*	3.41	34.13	13.65	5.97	0.00
POTATO, FRIES PLAIN TWISTER	1/2 CUP	2000	130	0	40	1.00	0.36	0.0	0	0.0	0	2.0	20.0	5.0	1.00	0.00
VEG, TOMATO GRAPE	#8 SCOOP	1500	18	0	3	0.50	0.18	0.0	378	10.57	*N/A*	0.5	3.52	0.5	0.00	*N/A*
FRUIT, PEAR FRESH	1 EACH	3000	97	0	2	5.03	0.36	10.1	50	7.24	*N/A*	1.01	26.16	0.0	0.00	*N/A*
FRUIT, MIXED	#8 SCOOP	1500	60	0	10	0.00	0.00	0.0	12	0.8	*N/A*	0.0	17.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
CAKE STARTER, DEVILS BERNARD	SERVING	3000	133	10	162	1.49	1.05	32.0	108	0.11	*12	3.23	23.78	3.48	0.74	*0.00
Weighted Daily Average			866	52	1093	12.51	4.56	688.6	1183	24.76	*33	33.16	135.83	25.06	8.92	*0.00
% of Calories											*15.3%	15.3%	62.7%	26.0%	9.3%	*0.0%
Nutrient Guideline			600-700		1360											<10.00

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Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH 6-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/19/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
TACO, BEEF SOFT WHEAT TO RTILLA	SERVINGS	1000	289	43	529	4.00	2.93	26.1	203	1.9	*0	19.52	27.94	11.46	5.07	*0.00
QUESADILLA, CHEESE(SCRATCH)2/2	1 EACH	1000	540	80	990	6.00	2.70	0.0	0	1.2	0	25.0	33.0	33.0	17.50	0.00
BURRITO, BEAN&CHSEIW WG 5.95OZ	1 EACH	1000	312	0	447	7.62	3.06	195.1	811	8.54	*N/A*	15.3	41.28	10.64	4.71	0.00
VEG, CORN CANNED - USDA	#8 SCOOP	2000	65	0	15	2.00	0.00	0.0	0	0.0	*N/A*	2.0	15.0	1.0	0.00	0.00
VEG, CELERY STICKS	6 STICKS	1500	29	0	86	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEACHES CAN USDA	#8 SCOOP	1500	60	0	5	1.00	0.00	6.0	340	3.8	13	0.0	14.0	0.0	0.00	0.00
MILK,1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			684	47	857	11.53	3.59	421.8	1180	39.86	*35	31.27	94.49	20.33	9.47	*0.00
% of Calories											*20.7%	18.3%	55.2%	26.7%	12.5%	*0.0%
Nutrient Guideline			600-700		1360											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/20/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
BURGER, ON A BUN	1 EACH	1000	288	35	339	4.00	2.44	172.0	0	0.0	4	20.0	31.0	10.0	3.20	0.00
BURGER, VEGGIE CHEESE	1 EACH	1000	370	20	761	9.01	4.15	230.2	0	0.0	*4	31.04	40.02	10.0	4.00	0.00
CHICK ON BUN	1 EACH	1000	414	59	521	6.00	2.44	165.0	61	0.0	*4	24.0	45.0	16.0	3.00	0.00
VEG, MIXED FROZEN	.5 CUP	3000	60	0	39	3.00	0.00	0.0	0	0.0	3	2.0	12.0	0.0	0.00	0.00
VEG, CUCUMBER	#8 SCOOP	1500	4	0	0	0.00	0.09	5.0	25	0.6	*N/A*	0.0	1.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, PEACH CUP FROZEN	SERVING	1000	80	0	0	1.00	0.36	0.0	300	162.0	*N/A*	1.0	19.0	0.0	0.00	0.00
MILK,1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			662	44	725	13.49	3.87	536.7	804	88.38	*36	37.34	100.93	13.30	3.78	0.00
% of Calories											*21.6%	22.6%	61.0%	18.1%	5.1%	0.0%
Nutrient Guideline			600-700		1360											<10.00

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Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH 6-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/23/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
PRETZEL, NUGGETS W/CHEESE	SERVING	1000	336	56	910	4.00	1.44	406.0	778	0.0	2	18.0	32.0	16.0	9.20	0.00
CHICKEN, POPCORN WG 10 E	SERVING	1000	180	20	420	3.00	1.80	40.0	0	0.0	0	12.0	12.0	9.0	2.00	0.00
ACH RC	(10)															
SANDWICH UNCRUST PB&GR	1 EA	500	600	0	540	7.00	3.00	78.0	0	0.0	29	18.0	64.0	34.0	6.00	0.00
P 5.3																
SANDWICH, SB & GRAPE WG	1 EACH	500	310	0	250	5.00	2.70	40.0	0	0.0	*N/A*	10.0	33.0	17.0	2.00	0.00
2.8OZ																
CHEESE, MOZZARELLA STRING	1 EACH	1000	80	20	200	0.00	0.00	220.0	0	0.0	0	6.0	1.0	6.0	3.00	0.00
POTATO, SMILES	SERVING	2000	160	0	390	2.00	0.00	0.0	0	3.6	*N/A*	2.0	24.0	6.0	1.00	0.00
	S (6)															
VEG, CARROTS BABY - SNACK	PACK	1500	20	0	44	1.13	0.51	17.0	7824	4.76	*N/A*	0.57	4.54	0.0	0.00	*N/A*
FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, RAISINS	BOX	1500	114	0	10	1.71	0.68	23.6	0	0.87	25	1.25	30.14	0.1	0.04	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			749	38	1074	11.42	3.41	598.6	4772	13.82	*55	27.91	109.67	24.05	7.08	*0.00
% of Calories											*29.1%	14.9%	58.6%	28.9%	8.5%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

Tue - 05/24/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
CORN DOG, MINI CHICK TYSON	SERVING	1000	315	49	570	2.43	1.75	24.3	0	0.0	6	14.55	27.89	16.98	3.64	*N/A*
	(6)															
SANDWICH, VEGGIE STACKER	SANDWIC	1000	528	80	924	3.46	1.61	157.3	322	3.7	*4	27.46	35.75	30.0	16.00	*0.00
TURKEY, HOT DOG ON A BUN	1 EACH	1000	300	50	680	3.00	2.16	230.0	0	0.0	4	14.0	31.0	14.0	4.00	0.00
VEG, GREEN BEANS	#8 SCOOP	2000	16	0	140	2.00	0.00	0.0	0	0.0	1	1.0	3.0	0.0	0.00	0.00
SALAD, SPINACH & ROMAINE	1EA #8 S	1500	40	2	48	0.38	0.31	13.5	1730	4.94	*0	0.4	1.15	4.0	0.61	*0.00
	COOP															
FRUIT, ORANGES FRESH	1 EACH	3000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEAR CANNED USDA	#8 SCOOP	1500	60	0	5	2.00	0.24	8.0	60	2.5	12	0.0	15.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00

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Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH 6-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			636	66	991	9.21	2.68	524.0	1842	88.14	*29 *18.3%	30.24 19.0%	79.60 50.1%	23.49 33.3%	8.52 12.1%	*0.00 *0.0%
Nutrient Guideline			600-700		1360											<10.00

Wed - 05/25/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
WAFFLE	WAFFLE	1000	90	4	181	0.81	0.76	11.6	351	0.0	*N/A*	1.65	15.63	2.06	0.41	0.00
YOGURT, STRAW 4 OZ DANIMAL	SERVING	1000	130	15	85	0.00	0.00	150.0	100	0.0	*N/A*	6.0	20.0	3.0	2.00	0.00
CHEESE, MOZZARELLA STRING	1 EACH	1000	80	20	200	0.00	0.00	220.0	0	0.0	0	6.0	1.0	6.0	3.00	0.00
WAFFLE	WAFFLE	1000	90	4	181	0.81	0.76	11.6	351	0.0	*N/A*	1.65	15.63	2.06	0.41	0.00
SAUSAGE, PATTIE TURKEY1.0	SERVING	1000	120	60	180	0.00	0.72	0.0	0	0.0	0	12.0	0.0	8.0	2.00	0.00
25OZ.																
BRKFST, SAUSAGE & EGG BIS	1 EACH	1000	350	155	690	2.00	1.44	100.0	0	0.0	*0	14.0	29.0	20.0	7.50	0.00
CUIT																
POTATO, FRIES SPICY TWISTER	1/2 CUP	1000	273	2	546	3.41	1.84	0.0	0	10.24	*N/A*	3.41	34.13	13.65	5.97	0.00
POTATO, FRIES PLAIN TWISTER	1/2 CUP	2000	130	0	40	1.00	0.36	0.0	0	0.0	0	2.0	20.0	5.0	1.00	0.00
VEG, TOMATO GRAPE	#8 SCOOP	1500	18	0	3	0.50	0.18	0.0	378	10.57	*N/A*	0.5	3.52	0.5	0.00	*N/A*
FRUIT, PEAR FRESH	1 EACH	3000	97	0	2	5.03	0.36	10.1	50	7.24	*N/A*	1.01	26.16	0.0	0.00	*N/A*
FRUIT, MIXED	#8 SCOOP	1500	60	0	10	0.00	0.00	0.0	12	0.8	*N/A*	0.0	17.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
CAKE STARTER, DEVILS BER	SERVING	3000	133	10	162	1.49	1.05	32.0	108	0.11	*12	3.23	23.78	3.48	0.74	*0.00
NARD																
Weighted Daily Average % of Calories			858	102	1030	10.12	4.01	523.1	1120	16.65	*30 *14.0%	29.73 13.9%	132.17 61.6%	26.48 27.8%	8.84 9.3%	*0.00 *0.0%
Nutrient Guideline			600-700		1360											<10.00

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Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH 6-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/26/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
CHICKEN FAJITA ON TORTILLA	1 EACH	1000	320	84	853	6.00	3.80	72.0	720	18.48	*0	25.16	30.08	11.12	3.30	0.00
ENCHILADAS, CHEESE	2 EACH	1000	275	30	582	1.96	0.84	435.5	803	0.32	*N/A*	18.54	26.71	11.23	6.84	0.00
POCKET, TACO 4.5 OZ	POCKET	1000	260	35	390	4.00	2.70	80.0	200	1.2	1	17.0	31.0	8.0	2.50	0.00
VEG, CORN CANNED - USDA	#8 SCOOP	2000	65	0	15	2.00	0.00	0.0	0	0.0	*N/A*	2.0	15.0	1.0	0.00	0.00
VEG, CELERY STICKS	6 STICKS	1500	29	0	86	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEACHES CAN USDA	#8 SCOOP	1500	60	0	5	1.00	0.00	6.0	340	3.8	13	0.0	14.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			589	55	810	9.64	3.14	543.9	1416	42.65	*36	31.56	89.69	12.08	4.59	0.00
% of Calories											*24.2%	21.4%	60.9%	18.5%	7.0%	0.0%
Nutrient Guideline			600-700		1360										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/27/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
TURKEY, BBQ SANDWICH	SANDWICHES	1000	365	31	1254	2.47	2.21	12.9	250	3.44	*11	21.77	63.27	2.89	0.72	*0.01
WRAP, VEGETARIAN 2/2	1 EACH	1000	548	80	994	6.46	2.87	7.3	322	4.9	*0	25.46	34.75	33.0	17.50	*0.00
TUNA, SALAD MIX SUPPER	1/2 CUP	1000	156	34	409	0.03	0.39	0.5	0	0.02	*0	13.01	2.42	10.63	1.52	*0.00
CRACKER, SALTINES	PACKAGE	1000	30	0	90	0.50	0.36	0.0	0	0.0	*N/A*	1.0	5.09	0.75	0.00	*N/A*
VEG, MIXED FROZEN	.5 CUP	3000	60	0	39	3.00	0.00	0.0	0	0.0	3	2.0	12.0	0.0	0.00	0.00
VEG, CUCUMBER	#8 SCOOP	1500	4	0	0	0.00	0.09	5.0	25	0.6	*N/A*	0.0	1.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, PEACH CUP FROZEN	SERVING	1000	80	0	0	1.00	0.36	0.0	300	162.0	*N/A*	1.0	19.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			671	54	1101	10.31	2.80	354.5	975	91.17	*35	32.74	97.43	17.05	6.96	*0.00
% of Calories											*21.1%	19.5%	58.0%	22.9%	9.3%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

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Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH 6-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/31/2022																
ELEMENTARY LUNCH 6-8	Total	3000														
SANDWICH, GRILL TURK & CH	1 EACH	1000	381	63	1664	4.00	2.20	74.6	42	1.0	*4	33.49	35.6	13.18	5.80	*0.00
SANDWICH, GRILLED CHEESE	1 EACH	1000	447	60	858	4.00	1.80	70.0	83	0.0	*4	23.0	35.0	24.83	12.33	*0.00
SANDWICH, MEATBALL	1 EACH	1000	307	35	480	3.38	2.37	16.0	11	0.0	*6	16.17	36.42	9.95	3.36	0.00
VEG, GREEN BEANS	#16 SCOOP	1500	8	0	70	1.00	0.00	0.0	0	0.0	1	0.5	1.5	0.0	0.00	0.00
SALAD, SPINACH & ROMAINE	1EA #8 S COOP	1500	40	2	48	0.38	0.31	13.5	1730	4.94	*0	0.4	1.15	4.0	0.61	*0.00
FRUIT, ORANGES FRESH	1 EACH	3000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEAR CANNED USDA	#8 SCOOP	1500	60	0	5	2.00	0.24	8.0	60	2.5	12	0.0	15.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			626	60	1209	9.21	2.97	440.3	1780	87.24	*29	35.37	82.48	19.16	7.80	*0.00
% of Calories											*18.4%	22.6%	52.7%	27.5%	11.2%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

Weighted Average			702	55	981	10.73	3.37	515.7	1973	52.48	*37	31.67	103.06	19.86	7.10	*0.03
											*47.1%	18.0%	58.7%	25.5%	9.1%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	702		600 - 700	100%			2	Correction Required - Calories too High
Cholesterol (mg)	55							
Sodium 1 (mg)	981		1360					
Sodium 2 (mg)	981		1035					
Fiber (g)	10.73							
Iron (mg)	3.37							
Calcium (mg)	515.7							
Vitamin A (IU)	1973							
Sugars (g)	37	20.94%			Missing			
Vitamin C (mg)	52.48							
Protein (g)	31.67	18.03%						
Carbohydrate (g)	103.06	58.69%						
Total Fat (g)	19.86	25.45%						
Saturated Fat (g)	7.10	9.09%	<10.00%					
Trans Fat ¹ (g)	0.03	0.04%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.