

Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH K-5

Portion Values - Detailed

Page 1

Generated on: 4/20/2022 3:14:21 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/02/2022																
ELEMENTARY LUNCH K-5	Total	3000														
SLOPPY JOE BEEF SCRATCH	SERVING	1500	277	24	347	3.41	1.73	161.6	165	1.9	*6	14.1	40.08	7.71	1.87	*0.93
MAC & CHEESE, WG JTM	#6 SCOOP	1500	286	37	441	2.00	0.00	365.0	493	1.0	8	15.0	31.0	12.0	6.50	0.00
BREAD, ROLL DINNER 1 OZ	1 EACH	1500	85	9	23	0.60	0.80	19.0	65	0.0	*N/A*	3.1	15.0	1.5	0.00	*N/A*
POTATO, SMILES	SERVING S (6)	2000	160	0	390	2.00	0.00	0.0	0	3.6	*N/A*	2.0	24.0	6.0	1.00	0.00
VEG, CARROTS BABY - SNACK	PACK	1500	20	0	44	1.13	0.51	17.0	7824	4.76	*N/A*	0.57	4.54	0.0	0.00	*N/A*
FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, RAISINS	BOX	1500	114	0	10	1.71	0.68	23.6	0	0.87	25	1.25	30.14	0.1	0.04	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			723	41	837	10.09	2.64	629.7	4874	15.27	*56	27.34	121.55	15.82	5.20	*0.47
% of Calories											*31.1%	15.1%	67.3%	19.7%	6.5%	*0.6%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 05/03/2022																
ELEMENTARY LUNCH K-5	Total	3000														
SANDWICH, GRILL TURK & CH	1 EACH	1500	381	63	1664	4.00	2.20	74.6	42	1.0	*4	33.49	35.6	13.18	5.80	*0.00
SANDWICH, GRILLED CHEESE	1 EACH	1500	447	60	858	4.00	1.80	70.0	83	0.0	*4	23.0	35.0	24.83	12.33	*0.00
VEG, GREEN BEANS	#16 SCOOP	1500	8	0	70	1.00	0.00	0.0	0	0.0	1	0.5	1.5	0.0	0.00	0.00
SALAD, SPINACH & ROMAINE	1EA #8 S COOP	1500	40	2	48	0.38	0.31	13.5	1730	4.94	*0	0.4	1.15	4.0	0.61	*0.00
FRUIT, ORANGES FRESH	1 EACH	3000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEAR CANNED USDA	#8 SCOOP	1500	60	0	5	2.00	0.24	8.0	60	2.5	12	0.0	15.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			662	68	1470	9.42	2.85	459.1	1797	87.40	*28	39.39	82.11	22.17	9.70	*0.00
% of Calories											*16.9%	23.8%	49.6%	30.2%	13.2%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH K-5

Portion Values - Detailed

Page 2

Generated on: 4/20/2022 3:14:21 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/04/2022																
ELEMENTARY LUNCH K-5	Total	3000														
PIZZA, WG CHEESE SLIDERS	2 EACH	1500	295	36	598	3.52	1.36	501.3	450	11.5	4	18.65	30.75	11.17	6.02	0.00
PIZZA, WG PEP SLIDERS	2 EACH	1500	342	40	697	3.30	1.28	428.5	442	10.44	4	18.95	29.5	17.66	7.54	0.00
POTATO, FRIES SPICY TWISTER	1/2 CUP	1000	273	2	546	3.41	1.84	0.0	0	10.24	*N/A*	3.41	34.13	13.65	5.97	0.00
POTATO, FRIES PLAIN TWISTER	1/2 CUP	2000	130	0	40	1.00	0.36	0.0	0	0.0	0	2.0	20.0	5.0	1.00	0.00
VEG, TOMATO GRAPE	#8 SCOOP	1500	18	0	3	0.50	0.18	0.0	378	10.57	*N/A*	0.5	3.52	0.5	0.00	*N/A*
FRUIT, PEAR FRESH	1 EACH	3000	97	0	2	5.03	0.36	10.1	50	7.24	*N/A*	1.01	26.16	0.0	0.00	*N/A*
FRUIT, MIXED	#8 SCOOP	1500	60	0	10	0.00	0.00	0.0	12	0.8	*N/A*	0.0	17.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
CAKE STARTER, DEVILS BERNARD	SERVING	3000	133	10	162	1.49	1.05	32.0	108	0.11	*12	3.23	23.78	3.48	0.74	*0.00
Weighted Daily Average			889	55	1172	12.32	4.10	823.6	1298	27.62	*34	34.76	135.20	27.19	10.52	*0.00
% of Calories											*15.2%	15.6%	60.8%	27.5%	10.6%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/05/2022																
ELEMENTARY LUNCH K-5	Total	3000														
TACO, BEEF SOFT WHEAT TORTILLA	SERVINGS	1500	289	43	529	4.00	2.93	26.1	203	1.9	*0	19.52	27.94	11.46	5.07	*0.00
QUESADILLA, CHEESE(SCRATCH)2/2	1 EACH	1500	540	80	990	6.00	2.70	0.0	0	1.2	0	25.0	33.0	33.0	17.50	0.00
VEG, CORN CANNED - USDA	#8 SCOOP	2000	65	0	15	2.00	0.00	0.0	0	0.0	*N/A*	2.0	15.0	1.0	0.00	0.00
VEG, CELERY STICKS	6 STICKS	1500	29	0	86	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEACHES CAN USDA	#8 SCOOP	1500	60	0	5	1.00	0.00	6.0	340	3.8	13	0.0	14.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			719	68	961	10.65	3.51	361.1	943	37.53	*35	33.59	90.89	24.19	11.66	*0.00
% of Calories											*19.7%	18.7%	50.6%	30.3%	14.6%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH K-5

Portion Values - Detailed

Page 3

Generated on: 4/20/2022 3:14:21 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/06/2022																
ELEMENTARY LUNCH K-5	Total	3000														
BURGER, ON A BUN	1 EACH	1500	288	35	339	4.00	2.44	172.0	0	0.0	4	20.0	31.0	10.0	3.20	0.00
BURGER, VEGGIE CHEESE	1 EACH	1500	370	20	761	9.01	4.15	230.2	0	0.0	*4	31.04	40.02	10.0	4.00	0.00
VEG, MIXED FROZEN	.5 CUP	3000	60	0	39	3.00	0.00	0.0	0	0.0	3	2.0	12.0	0.0	0.00	0.00
VEG, CUCUMBER	#8 SCOOP	1500	4	0	0	0.00	0.09	5.0	25	0.6	*N/A*	0.0	1.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, PEACH CUP FROZEN	SERVING	1000	80	0	0	1.00	0.36	0.0	300	162.0	*N/A*	1.0	19.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			634	33	735	13.66	4.15	548.7	784	88.38	*36	37.85	97.77	11.30	3.98	0.00
% of Calories											*22.6%	23.9%	61.7%	16.0%	5.6%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Mon - 05/09/2022																
ELEMENTARY LUNCH K-5	Total	3000														
PRETZEL, NUGGETS W/CHEESE	SERVING	1500	336	56	910	4.00	1.44	406.0	778	0.0	2	18.0	32.0	16.0	9.20	0.00
CHICKEN, POPCORN WG 10 E	SERVING	1500	180	20	420	3.00	1.80	40.0	0	0.0	0	12.0	12.0	9.0	2.00	0.00
ACH RC	(10)															
POTATO, SMILES	SERVING S (6)	2000	160	0	390	2.00	0.00	0.0	0	3.6	*N/A*	2.0	24.0	6.0	1.00	0.00
VEG, CARROTS BABY - SNACK	PACK	1500	20	0	44	1.13	0.51	17.0	7824	4.76	*N/A*	0.57	4.54	0.0	0.00	*N/A*
FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, RAISINS	BOX	1500	114	0	10	1.71	0.68	23.6	0	0.87	25	1.25	30.14	0.1	0.04	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			656	44	1097	10.59	3.00	580.0	4901	13.82	*50	26.24	100.50	17.71	6.62	*0.00
% of Calories											*30.5%	16.0%	61.2%	24.3%	9.1%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH K-5

Portion Values - Detailed

Page 4

Generated on: 4/20/2022 3:14:21 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/10/2022																
ELEMENTARY LUNCH K-5	Total	3000														
CORN DOG, MINI CHICK TYSON	SERVING (6)	1500	315	49	570	2.43	1.75	24.3	0	0.0	6	14.55	27.89	16.98	3.64	*N/A*
SANDWICH, VEGGIE STACKER	SANDWIC	1500	528	80	924	3.46	1.61	157.3	322	3.7	*4	27.46	35.75	30.0	16.00	*0.00
VEG, GREEN BEANS	#8 SCOOP	2000	16	0	140	2.00	0.00	0.0	0	0.0	1	1.0	3.0	0.0	0.00	0.00
SALAD, SPINACH & ROMAINE	1EA #8 S COOP	1500	40	2	48	0.38	0.31	13.5	1730	4.94	*0	0.4	1.15	4.0	0.61	*0.00
FRUIT, ORANGES FRESH	1 EACH	3000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEAR CANNED USDA	#8 SCOOP	1500	60	0	5	2.00	0.24	8.0	60	2.5	12	0.0	15.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			676	71	1014	9.20	2.52	477.6	1895	88.75	*29	32.57	79.88	26.66	10.46	*0.00
% of Calories											*17.4%	19.3%	47.3%	35.5%	13.9%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/11/2022																
ELEMENTARY LUNCH K-5	Total	3000														
WAFFLE	WAFFLE	1500	90	4	181	0.81	0.76	11.6	351	0.0	*N/A*	1.65	15.63	2.06	0.41	0.00
YOGURT, STRAW 4 OZ DANIMAL	SERVING	1500	130	15	85	0.00	0.00	150.0	100	0.0	*N/A*	6.0	20.0	3.0	2.00	0.00
CHEESE, MOZZARELLA STRING	1 EACH	1500	80	20	200	0.00	0.00	220.0	0	0.0	0	6.0	1.0	6.0	3.00	0.00
WAFFLE	WAFFLE	1500	90	4	181	0.81	0.76	11.6	351	0.0	*N/A*	1.65	15.63	2.06	0.41	0.00
SAUSAGE, PATTIE TURKEY 1.0 25OZ.	SERVING	1500	120	60	180	0.00	0.72	0.0	0	0.0	0	12.0	0.0	8.0	2.00	0.00
POTATO, FRIES SPICY TWISTER	1/2 CUP	1000	273	2	546	3.41	1.84	0.0	0	10.24	*N/A*	3.41	34.13	13.65	5.97	0.00
POTATO, FRIES PLAIN TWISTER	1/2 CUP	2000	130	0	40	1.00	0.36	0.0	0	0.0	0	2.0	20.0	5.0	1.00	0.00
VEG, TOMATO GRAPE	#8 SCOOP	1500	18	0	3	0.50	0.18	0.0	378	10.57	*N/A*	0.5	3.52	0.5	0.00	*N/A*
FRUIT, PEAR FRESH	1 EACH	3000	97	0	2	5.03	0.36	10.1	50	7.24	*N/A*	1.01	26.16	0.0	0.00	*N/A*
FRUIT, MIXED	#8 SCOOP	1500	60	0	10	0.00	0.00	0.0	12	0.8	*N/A*	0.0	17.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
CAKE STARTER, DEVILS BERNARD	SERVING	3000	133	10	162	1.49	1.05	32.0	108	0.11	*12	3.23	23.78	3.48	0.74	*0.00
Weighted Daily Average			826	68	938	9.72	3.90	555.3	1254	16.65	*30	29.61	131.21	23.34	7.65	*0.00
% of Calories											*14.5%	14.3%	63.5%	25.4%	8.3%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH K-5

Portion Values - Detailed

Page 5

Generated on: 4/20/2022 3:14:21 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/12/2022																
ELEMENTARY LUNCH K-5	Total	3000														
CHICKEN FAJITA ON TORTILLA	1 EACH	1500	320	84	853	6.00	3.80	72.0	720	18.48	*0	25.16	30.08	11.12	3.30	0.00
ENCHILADAS, CHEESE	2 EACH	1500	275	30	582	1.96	0.84	435.5	803	0.32	*N/A*	18.54	26.71	11.23	6.84	0.00
VEG, CORN CANNED - USDA	#8 SCOOP	2000	65	0	15	2.00	0.00	0.0	0	0.0	*N/A*	2.0	15.0	1.0	0.00	0.00
VEG, CELERY STICKS	6 STICKS	1500	29	0	86	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEACHES CAN USDA	#8 SCOOP	1500	60	0	5	1.00	0.00	6.0	340	3.8	13	0.0	14.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			602	63	919	9.63	3.01	601.9	1603	45.38	*35	33.18	88.82	13.14	5.45	0.00
% of Calories											*23.5%	22.1%	59.1%	19.7%	8.1%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 05/13/2022																
ELEMENTARY LUNCH K-5	Total	3000														
TURKEY, BBQ SANDWICH	SANDWICHES	1500	365	31	1254	2.47	2.21	12.9	250	3.44	*11	21.77	63.27	2.89	0.72	*0.01
WRAP, VEGETARIAN 2/2	1 EACH	1500	548	80	994	6.46	2.87	7.3	322	4.9	*0	25.46	34.75	33.0	17.50	*0.00
VEG, MIXED FROZEN	.5 CUP	3000	60	0	39	3.00	0.00	0.0	0	0.0	3	2.0	12.0	0.0	0.00	0.00
VEG, CUCUMBER	#8 SCOOP	1500	4	0	0	0.00	0.09	5.0	25	0.6	*N/A*	0.0	1.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, PEACH CUP FROZEN	SERVING	1000	80	0	0	1.00	0.36	0.0	300	162.0	*N/A*	1.0	19.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			761	61	1309	11.62	3.40	357.7	1070	92.55	*37	35.94	111.27	19.24	9.49	*0.01
% of Calories											*19.6%	18.9%	58.4%	22.7%	11.2%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH K-5

Portion Values - Detailed

Page 6

Generated on: 4/20/2022 3:14:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/16/2022																
ELEMENTARY LUNCH K-5	Total	3000														
SLOPPY JOE BEEF SCRATCH	SERVING	1500	277	24	347	3.41	1.73	161.6	165	1.9	*6	14.1	40.08	7.71	1.87	*0.93
MAC & CHEESE, WG JTM	#6 SCOOP	1500	286	37	441	2.00	0.00	365.0	493	1.0	8	15.0	31.0	12.0	6.50	0.00
BREAD, ROLL DINNER 1 OZ	1 EACH	1500	85	9	23	0.60	0.80	19.0	65	0.0	*N/A*	3.1	15.0	1.5	0.00	*N/A*
POTATO, SMILES	SERVING S (6)	2000	160	0	390	2.00	0.00	0.0	0	3.6	*N/A*	2.0	24.0	6.0	1.00	0.00
VEG, CARROTS BABY - SNACK	PACK	1500	20	0	44	1.13	0.51	17.0	7824	4.76	*N/A*	0.57	4.54	0.0	0.00	*N/A*
FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, RAISINS	BOX	1500	114	0	10	1.71	0.68	23.6	0	0.87	25	1.25	30.14	0.1	0.04	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			723	41	837	10.09	2.64	629.7	4874	15.27	*56	27.34	121.55	15.82	5.20	*0.47
% of Calories											*31.1%	15.1%	67.3%	19.7%	6.5%	*0.6%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 05/17/2022																
ELEMENTARY LUNCH K-5	Total	3000														
SANDWICH, GRILL TURK & CH	1 EACH	1500	381	63	1664	4.00	2.20	74.6	42	1.0	*4	33.49	35.6	13.18	5.80	*0.00
SANDWICH, GRILLED CHEESE	1 EACH	1500	447	60	858	4.00	1.80	70.0	83	0.0	*4	23.0	35.0	24.83	12.33	*0.00
VEG, GREEN BEANS	#16 SCOOP	1500	8	0	70	1.00	0.00	0.0	0	0.0	1	0.5	1.5	0.0	0.00	0.00
SALAD, SPINACH & ROMAINE	1EA #8 S COOP	1500	40	2	48	0.38	0.31	13.5	1730	4.94	*0	0.4	1.15	4.0	0.61	*0.00
FRUIT, ORANGES FRESH	1 EACH	3000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEAR CANNED USDA	#8 SCOOP	1500	60	0	5	2.00	0.24	8.0	60	2.5	12	0.0	15.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			662	68	1470	9.42	2.85	459.1	1797	87.40	*28	39.39	82.11	22.17	9.70	*0.00
% of Calories											*16.9%	23.8%	49.6%	30.2%	13.2%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH K-5

Portion Values - Detailed

Page 7

Generated on: 4/20/2022 3:14:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/18/2022																
ELEMENTARY LUNCH K-5	Total	3000														
PIZZA, WG CHEESE SLIDERS	2 EACH	1500	295	36	598	3.52	1.36	501.3	450	11.5	4	18.65	30.75	11.17	6.02	0.00
PIZZA, WG PEP SLIDERS	2 EACH	1500	342	40	697	3.30	1.28	428.5	442	10.44	4	18.95	29.5	17.66	7.54	0.00
POTATO, FRIES SPICY TWISTER	1/2 CUP	1000	273	2	546	3.41	1.84	0.0	0	10.24	*N/A*	3.41	34.13	13.65	5.97	0.00
POTATO, FRIES PLAIN TWISTER	1/2 CUP	2000	130	0	40	1.00	0.36	0.0	0	0.0	0	2.0	20.0	5.0	1.00	0.00
VEG, TOMATO GRAPE	#8 SCOOP	1500	18	0	3	0.50	0.18	0.0	378	10.57	*N/A*	0.5	3.52	0.5	0.00	*N/A*
FRUIT, PEAR FRESH	1 EACH	3000	97	0	2	5.03	0.36	10.1	50	7.24	*N/A*	1.01	26.16	0.0	0.00	*N/A*
FRUIT, MIXED	#8 SCOOP	1500	60	0	10	0.00	0.00	0.0	12	0.8	*N/A*	0.0	17.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
CAKE STARTER, DEVILS BERNARD	SERVING	3000	133	10	162	1.49	1.05	32.0	108	0.11	*12	3.23	23.78	3.48	0.74	*0.00
Weighted Daily Average			889	55	1172	12.32	4.10	823.6	1298	27.62	*34	34.76	135.20	27.19	10.52	*0.00
% of Calories											*15.2%	15.6%	60.8%	27.5%	10.6%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Thu - 05/19/2022																
ELEMENTARY LUNCH K-5	Total	3000														
TACO, BEEF SOFT WHEAT TORTILLA	SERVINGS	1500	289	43	529	4.00	2.93	26.1	203	1.9	*0	19.52	27.94	11.46	5.07	*0.00
QUESADILLA, CHEESE(SCRATCH)2/2	1 EACH	1500	540	80	990	6.00	2.70	0.0	0	1.2	0	25.0	33.0	33.0	17.50	0.00
VEG, CORN CANNED - USDA	#8 SCOOP	2000	65	0	15	2.00	0.00	0.0	0	0.0	*N/A*	2.0	15.0	1.0	0.00	0.00
VEG, CELERY STICKS	6 STICKS	1500	29	0	86	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEACHES CAN USDA	#8 SCOOP	1500	60	0	5	1.00	0.00	6.0	340	3.8	13	0.0	14.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			719	68	961	10.65	3.51	361.1	943	37.53	*35	33.59	90.89	24.19	11.66	*0.00
% of Calories											*19.7%	18.7%	50.6%	30.3%	14.6%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

Base Menu Spreadsheet

Portion Values - Detailed

Page 8

May 1, 2022 thru May 31, 2022

ELEMENTARY LUNCH K-5

Generated on: 4/20/2022 3:14:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/20/2022																
ELEMENTARY LUNCH K-5	Total	3000														
BURGER, ON A BUN	1 EACH	1500	288	35	339	4.00	2.44	172.0	0	0.0	4	20.0	31.0	10.0	3.20	0.00
BURGER, VEGGIE CHEESE	1 EACH	1500	370	20	761	9.01	4.15	230.2	0	0.0	*4	31.04	40.02	10.0	4.00	0.00
VEG, MIXED FROZEN	.5 CUP	3000	60	0	39	3.00	0.00	0.0	0	0.0	3	2.0	12.0	0.0	0.00	0.00
VEG, CUCUMBER	#8 SCOOP	1500	4	0	0	0.00	0.09	5.0	25	0.6	*N/A*	0.0	1.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, PEACH CUP FROZEN	SERVING	1000	80	0	0	1.00	0.36	0.0	300	162.0	*N/A*	1.0	19.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			634	33	735	13.66	4.15	548.7	784	88.38	*36	37.85	97.77	11.30	3.98	0.00
% of Calories											*22.6%	23.9%	61.7%	16.0%	5.6%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Mon - 05/23/2022																
ELEMENTARY LUNCH K-5	Total	3000														
PRETZEL, NUGGETS W/CHEESE	SERVING	1500	336	56	910	4.00	1.44	406.0	778	0.0	2	18.0	32.0	16.0	9.20	0.00
CHICKEN, POPCORN WG 10 E	SERVING	1500	180	20	420	3.00	1.80	40.0	0	0.0	0	12.0	12.0	9.0	2.00	0.00
ACH RC	(10)															
POTATO, SMILES	SERVING S (6)	2000	160	0	390	2.00	0.00	0.0	0	3.6	*N/A*	2.0	24.0	6.0	1.00	0.00
VEG, CARROTS BABY - SNACK	PACK	1500	20	0	44	1.13	0.51	17.0	7824	4.76	*N/A*	0.57	4.54	0.0	0.00	*N/A*
FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, RAISINS	BOX	1500	114	0	10	1.71	0.68	23.6	0	0.87	25	1.25	30.14	0.1	0.04	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			656	44	1097	10.59	3.00	580.0	4901	13.82	*50	26.24	100.50	17.71	6.62	*0.00
% of Calories											*30.5%	16.0%	61.2%	24.3%	9.1%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH K-5

Portion Values - Detailed

Page 9

Generated on: 4/20/2022 3:14:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/24/2022																
ELEMENTARY LUNCH K-5	Total	3000														
CORN DOG, MINI CHICK TYSON	SERVING (6)	1500	315	49	570	2.43	1.75	24.3	0	0.0	6	14.55	27.89	16.98	3.64	*N/A*
SANDWICH, VEGGIE STACKER	SANDWIC	1500	528	80	924	3.46	1.61	157.3	322	3.7	*4	27.46	35.75	30.0	16.00	*0.00
VEG, GREEN BEANS	#8 SCOOP	2000	16	0	140	2.00	0.00	0.0	0	0.0	1	1.0	3.0	0.0	0.00	0.00
SALAD, SPINACH & ROMAINE	1EA #8 S COOP	1500	40	2	48	0.38	0.31	13.5	1730	4.94	*0	0.4	1.15	4.0	0.61	*0.00
FRUIT, ORANGES FRESH	1 EACH	3000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEAR CANNED USDA	#8 SCOOP	1500	60	0	5	2.00	0.24	8.0	60	2.5	12	0.0	15.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			676	71	1014	9.20	2.52	477.6	1895	88.75	*29	32.57	79.88	26.66	10.46	*0.00
% of Calories											*17.4%	19.3%	47.3%	35.5%	13.9%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/25/2022																
ELEMENTARY LUNCH K-5	Total	3000														
WAFFLE	WAFFLE	1500	90	4	181	0.81	0.76	11.6	351	0.0	*N/A*	1.65	15.63	2.06	0.41	0.00
YOGURT, STRAW 4 OZ DANIMAL	SERVING	1500	130	15	85	0.00	0.00	150.0	100	0.0	*N/A*	6.0	20.0	3.0	2.00	0.00
CHEESE, MOZZARELLA STRING	1 EACH	1500	80	20	200	0.00	0.00	220.0	0	0.0	0	6.0	1.0	6.0	3.00	0.00
WAFFLE	WAFFLE	1500	90	4	181	0.81	0.76	11.6	351	0.0	*N/A*	1.65	15.63	2.06	0.41	0.00
SAUSAGE, PATTIE TURKEY 1.0 25OZ.	SERVING	1500	120	60	180	0.00	0.72	0.0	0	0.0	0	12.0	0.0	8.0	2.00	0.00
POTATO, FRIES SPICY TWISTER	1/2 CUP	1000	273	2	546	3.41	1.84	0.0	0	10.24	*N/A*	3.41	34.13	13.65	5.97	0.00
POTATO, FRIES PLAIN TWISTER	1/2 CUP	2000	130	0	40	1.00	0.36	0.0	0	0.0	0	2.0	20.0	5.0	1.00	0.00
VEG, TOMATO GRAPE	#8 SCOOP	1500	18	0	3	0.50	0.18	0.0	378	10.57	*N/A*	0.5	3.52	0.5	0.00	*N/A*
FRUIT, PEAR FRESH	1 EACH	3000	97	0	2	5.03	0.36	10.1	50	7.24	*N/A*	1.01	26.16	0.0	0.00	*N/A*
FRUIT, MIXED	#8 SCOOP	1500	60	0	10	0.00	0.00	0.0	12	0.8	*N/A*	0.0	17.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
CAKE STARTER, DEVILS BER NARD	SERVING	3000	133	10	162	1.49	1.05	32.0	108	0.11	*12	3.23	23.78	3.48	0.74	*0.00
Weighted Daily Average			826	68	938	9.72	3.90	555.3	1254	16.65	*30	29.61	131.21	23.34	7.65	*0.00
% of Calories											*14.5%	14.3%	63.5%	25.4%	8.3%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH K-5

Portion Values - Detailed

Page 10

Generated on: 4/20/2022 3:14:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/26/2022																
ELEMENTARY LUNCH K-5	Total	3000														
CHICKEN FAJITA ON TORTILLA	1 EACH	1500	320	84	853	6.00	3.80	72.0	720	18.48	*0	25.16	30.08	11.12	3.30	0.00
ENCHILADAS, CHEESE	2 EACH	1500	275	30	582	1.96	0.84	435.5	803	0.32	*N/A*	18.54	26.71	11.23	6.84	0.00
VEG, CORN CANNED - USDA	#8 SCOOP	2000	65	0	15	2.00	0.00	0.0	0	0.0	*N/A*	2.0	15.0	1.0	0.00	0.00
VEG, CELERY STICKS	6 STICKS	1500	29	0	86	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEACHES CAN USDA	#8 SCOOP	1500	60	0	5	1.00	0.00	6.0	340	3.8	13	0.0	14.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			602	63	919	9.63	3.01	601.9	1603	45.38	*35	33.18	88.82	13.14	5.45	0.00
% of Calories											*23.5%	22.1%	59.1%	19.7%	8.1%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 05/27/2022																
ELEMENTARY LUNCH K-5	Total	3000														
TURKEY, BBQ SANDWICH	SANDWICHES	1500	365	31	1254	2.47	2.21	12.9	250	3.44	*11	21.77	63.27	2.89	0.72	*0.01
WRAP, VEGETARIAN 2/2	1 EACH	1500	548	80	994	6.46	2.87	7.3	322	4.9	*0	25.46	34.75	33.0	17.50	*0.00
VEG, MIXED FROZEN	.5 CUP	3000	60	0	39	3.00	0.00	0.0	0	0.0	3	2.0	12.0	0.0	0.00	0.00
VEG, CUCUMBER	#8 SCOOP	1500	4	0	0	0.00	0.09	5.0	25	0.6	*N/A*	0.0	1.0	0.0	0.00	0.00
FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
FRUIT, ORANGES FRESH	1 EACH	1000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, BANANAS FRESH	1 EACH	1000	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
FRUIT, PEACH CUP FROZEN	SERVING	1000	80	0	0	1.00	0.36	0.0	300	162.0	*N/A*	1.0	19.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			761	61	1309	11.62	3.40	357.7	1070	92.55	*37	35.94	111.27	19.24	9.49	*0.01
% of Calories											*19.6%	18.9%	58.4%	22.7%	11.2%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yuba City USD

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH K-5

Portion Values - Detailed

Page 11

Generated on: 4/20/2022 3:14:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/31/2022																
ELEMENTARY LUNCH K-5	Total	3000														
SANDWICH, GRILL TURK & CH	1 EACH	1500	381	63	1664	4.00	2.20	74.6	42	1.0	*4	33.49	35.6	13.18	5.80	*0.00
SANDWICH, GRILLED CHEESE	1 EACH	1500	447	60	858	4.00	1.80	70.0	83	0.0	*4	23.0	35.0	24.83	12.33	*0.00
VEG, GREEN BEANS	#16 SCOOP	1500	8	0	70	1.00	0.00	0.0	0	0.0	1	0.5	1.5	0.0	0.00	0.00
SALAD, SPINACH & ROMAINE	1EA #8 S COOP	1500	40	2	48	0.38	0.31	13.5	1730	4.94	*0	0.4	1.15	4.0	0.61	*0.00
FRUIT, ORANGES FRESH	1 EACH	3000	69	0	2	3.39	0.15	59.4	339	82.98	*N/A*	1.7	17.82	0.0	0.00	0.00
FRUIT, PEAR CANNED USDA	#8 SCOOP	1500	60	0	5	2.00	0.24	8.0	60	2.5	12	0.0	15.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	500	130	15	160	0.00	0.00	400.0	500	1.2	15	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOCOLATE	CARTON	2000	120	5	150	0.00	0.36	300.0	500	0.0	19	9.0	22.0	0.0	0.00	0.00
MILK, SOYMILK KIKKOMAN	SERVING	500	140	0	110	2.00	1.08	300.0	500	0.0	15	8.0	17.0	4.5	0.50	0.00
Weighted Daily Average			662	68	1470	9.42	2.85	459.1	1797	87.40	*28	39.39	82.11	22.17	9.70	*0.00
% of Calories											*16.9%	23.8%	49.6%	30.2%	13.2%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

Weighted Average			712	58	1065	10.63	3.29	535.6	2030	53.05	*37	33.35	102.88	20.18	8.15	*0.04
											*46.4%	18.7%	57.8%	25.5%	10.3%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	712		550 - 650	110%			62	Correction Required - Calories too High
Cholesterol (mg)	58							
Sodium 1 (mg)	1065		1230					
Sodium 2 (mg)	1065		935				130	Correction Required - Sodium too High
Fiber (g)	10.63							
Iron (mg)	3.29							
Calcium (mg)	535.6							
Vitamin A (IU)	2030							
Sugars (g)	37	20.61%			Missing			
Vitamin C (mg)	53.05							
Protein (g)	33.35	18.73%						
Carbohydrate (g)	102.88	57.78%						
Total Fat (g)	20.18	25.50%						
Saturated Fat (g)	8.15	10.30%	<10.00%					Correction Required - Sat. Fat too High
Trans Fat ¹ (g)	0.04	0.06%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.