



# Supper

## October 2022

Menus are subject to change. This institution is an equal opportunity provider



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Rib-a-que w/ Rice            (2 MMA) 1(WG)            Steamed Corn 1/2c(V)            Apple Slices 1/2c (F)            Milk 1c</p>	<p>4</p> <p>Corn Dog            (2 MMA) 2(WG)            Green Salad 1/2c (V)            Peaches 1/2c (F)            Milk 1c</p>	<p>5</p> <p>BBQ Turkey Sandwich            2(WG) 2(MMA)            Cheeze it's 1(WG)            Tater Tots 1/2c(V)            Pineapple 1/2c (F)            Milk 1c</p>	<p>6</p> <p>P.B.J or Sun Butter Sandwich            w/ Cheese 1(WG) 2(MMA)            or Veggie Stacker            (2 MMA) 2(WG)            Baby Carrots 1/2c(V)            Fresh Fruit 1/2c (F)            Milk 1c</p>	<p>7</p>
<p>10</p> <p>Chicken Quesadilla            2(WG) 2(MMA)            Tortilla Chips 1(WG)            Salsa Cup 1/2c (V)            Fresh Fruit 1/2c (F)            Milk 1c</p>	<p>11</p> <p>Walking Tacos            3(MMA) 1.5(WG)            Garden Salad 1/2c(V)            Bananas 1/2c (F)            Milk 1c</p>	<p>12</p> <p>Chicken Nuggets            2(WG) 2(MMA)            Tater Tots 1/2c(V)            Fresh Fruit 1/2c (F)            Milk 1c</p>	<p>13</p> <p>Muffin &amp; Yogurt            (2 MMA) 2(WG)            Baby Carrots 1/2c(V)            Fresh Fruit 1/2c (F)            Milk 1c</p>	<p>14</p> <p>Tuna Salad w/ Crackers            1(WG) 2(MMA)            Cucumbers 1/2c(V)            Fresh Fruit 1/2c (F)            Milk 1c</p>
<p>17</p> <p>Pepperoni Hot Pocket            3(MMA) 2(WG)            Steamed Corn 1/2c(V)            Fresh Fruit 1/2c (F)            Milk 1c</p>	<p>18</p> <p>Pretzel Nuggets w/ Cheese            2(WG) 2(MMA)            Green Salad 1/2c (V)            Fresh Fruit 1/2c (F)            Milk 1c</p>	<p>19</p> <p>Mandarin Orange Chicken w/            Noodles            (2 MMA) 2(WG)            Green Salad 1/2c (V)            Pineapple 1/2c (F)            Milk 1c</p>	<p>20</p> <p>Beef Taquitos            2(MMA) 2(WG)            Tortilla Chips 1(WG)            Salsa Cup 1/2c (V)            Fresh Fruit 1/2c (F)            Milk 1c</p>	<p>21</p> <p>Cereal 2(WG)            Yogurt &amp; Cheese Stick            (2 MMA)            Cucumbers 1/2c(V)            Fresh Fruit 1/2c (F)            Milk 1c</p>
<p>24</p> <p>Rib-a-que w/ Rice            (2 MMA) 1(WG)            Steamed Corn 1/2c(V)            Apple Slices 1/2c (F)            Milk 1c</p>	<p>25</p> <p>Corn Dog            (2 MMA) 2(WG)            Green Salad 1/2c (V)            Peaches 1/2c (F)            Milk 1c</p>	<p>26</p> <p>BBQ Turkey Sandwich            2(WG) 2(MMA)            Tater Tots 1/2c(V)            Pineapple 1/2c (F)            Milk 1c</p>	<p>27</p> <p>P.B.J Sandwich or            Sun Butter Sandwich            w/ Cheese 1(WG) 2(MMA)            Or Veggie Stacker            (2 MMA) 2(WG)            Baby Carrots 1/2c(V)            Fresh Fruit 1/2c (F)            Milk 1c</p>	<p>28</p> <p>Burger            2(WG) 2(MMA)            Pickles 1/2c (V)            Apple Slices 1/2c (F)            Milk 1c            *Potato Chips</p>

<p>31</p> <p>Chicken Quesadilla            2(WG) 2(MMA)            Tortilla Chips 1(WG)            Salsa Cup 1/2c (V)            Fresh Fruit 1/2c (F)            Milk 1c</p>
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