Supper August 2024

Menus are subject to change. This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
Minimum Meal Components Offered Daily: Milk 1 Cup (F) Fruit 1/4C (V) Veggies 1/2C (WG) Grains/Bread 1WG (MMA) Meat/Meat Alternate 2M/MA C= Cup * Garden Salad 1C Serving Equivalent to 1/2C V * Box Raisins/dried mixed fruit 1/4C serving Equivalent to 1/2C F * Choose **3 out of the 5** Components to make a complete meal!		14 Burrito (2 MMA) 2(WG) Green Salad 1/2c(V) Pineapple w/ Tajin 1/2c (F) Milk 1c	15 Hot Dog (2 MMA) 2(WG) Potato Salad 1/2c (V) Meatless Chili 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	16 French Toast 2(WG) Hard Boiled Egg & Yogurt 2(MMA) Tater Tots 1/2c(V) Applesauce 1/2c (F) Milk 1c
19 Muffin 2(WG) Yogurt & Cheese 2(MMA) Cucumbers w/ Tajin 1/2c(V) Apple Slices 1/2c (F) Milk 1c	20 Cheeseburger 2(WG) 2(MMA) Pickles 1/2c (V) Fresh Peaches 1/2c (F) Milk 1c *Potato Chips	21 Nachos w/ Beans & Cheese 2(MMA) 2(WG) Garden Salad 1/2c(V) Bananas 1/2c (F) Milk 1c	22 Pepperoni Hot Pocket 3(MMA) 2(WG) Steamed Corn 1/2c(V) Fresh Fruit 1/2c (F) Milk 1c	23 P.J Sandwich or Sun Butter Sandwich w/ Cheese 1(WG) 2(MMA) Flavored Carrots 1/2c(V) Fresh Fruit 1/2c (F) Milk 1c
26 Cereal 2(WG) Yogurt & Cheese 2(MMA) Sliced Cucumbers 1/2c(V) Fresh Fruit 1/2c (F) Milk 1c	27 Cheesey Chicken Penne 3(WG) 1(MMA) Bread Stick 1(WG) Green Salad 1/2c(V) Fresh Fruit 1/2c (F) Milk 1c	28 Cheese Tamale 2(MMA) 2(WG) Steamed Corn 1/2c(V) Fresh Pineapple 1/2c (F) Milk 1c	29 Grilled Cheese Sandwich 2(MMA) 2(WG) Sidewinder fries 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	30 Mixed Berry Yogurt Parfait (2 MMA) 1/2c (F) Bear Graham 1(WG) Flavored Carrots 1/2c(V) Strawberries 1/2c (F) Milk 1c