

**River Valley High School**

**Class of 2026**

**Freshman Elective**

**Course Descriptions**



Class of 2026:

You will be choosing 3 additional/elective classes for the 9<sup>th</sup> grade. Please look over the choices and make a list of your top 6 so you will have 3 additional/elective choices and 3 alternates.

You will meet with a River Valley High School counselor the week of January 31 – February 4th. You will also attend a meeting with your parent/guardian on either **Tuesday, February 9, 2022** or **Tuesday, February 22, 2022**.

To apply for AVID, please scan the QR Code below:



If you plan to apply for AVID or Leadership, write “will drop for leadership or will drop for AVID” next to one of your top elective choices.

--RVHS Counselors

Additional Courses/Electives

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Alternate Elective Courses

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_



# River Valley High School

Lee McPeak, Principal  
801 El Margarita Road  
Yuba City, California 95993  
(530) 822-2500 or Fax (530) 822-2520

Parents/Guardians of Eighth Grade Students:

The counseling staff at River Valley High School is excited to help with the important transition from eighth grade to high school. We believe this can best be accomplished by close cooperation between the home and the school. We urge you to fully participate in helping to plan your student's program of studies at the high school next year.

Each eighth grade student will be given, prior to the time of registration, information covering high school requirements, course offerings, and aids to planning. At this time, students also make tentative course selections. Please take some time to review with your student the materials they have brought home with this letter.

*High School counselors will meet with parents of incoming 8th graders on Parent Night (See schedule below) to discuss an overview of high school life and activities, their student's program and to finalize their course selections. At these meetings, students and parents will review high school requirements, the student's performance on achievement tests, grades and their student's preliminary high school course selections.*

The first meeting will be **ONLINE** on **February 9, 2022 at 6:00 P.M.** (A link will be provided)

The second meeting is **TBD: February 22, 2022 at 6:00 pm** — *English, Spanish & Punjabi offered.* (A link will be provided if the meeting is conducted online.) ***Our preference is to conduct this meeting in person. However, during these Covid times, it will be determined. Please stay tuned.***

We feel it is very important parents attend one of the meetings so they are aware of their student's placement and participate in decisions that affect their child's future. We look forward to meeting with you.

**ATTENTION PARENTS/STUDENTS:** It is your privilege to select your classes, so choose wisely, as we will honor your selections. There will be **NO** class changes after the start of school.

Sincerely,

Carmen Arroyo  
carroyo@ycusd.org

Laura Becerra  
lbecerra@ycusd.org

Lisa Brown  
lbrown@ycusd.org

Brent Campfield  
bcampfield@ycusd.org

Jinbae Jung  
jjung@ycusd.org

Amandeep Kaur  
akaur@ycusd.org

## RIVER VALLEY HIGH SCHOOL GRADUATION REQUIREMENTS

1. Pass Health Proficiency Unit in PE Course 1
2. High School Subject Requirements

English .....	40 credits
World Geography.....	5 credits
World History.....	10 credits
U.S. History .....	10 credits
American Government & Economics .....	10 credits
Physical Education .....	20 credits
Science (Physical – 10 and Life – 10) and 3 <sup>rd</sup> year (10).....	30 credits
Mathematics (including IM 1).....	20 credits
Visual and Performing Art/Foreign Language .....	10 credits
3. Additional Credits ..... 125 credits
4. **Total credits required** .....280 credits

## COLLEGE/UNIVERSITY ADMISSION REQUIREMENTS

**COMMUNITY COLLEGE** – admission requirements are graduation from high school, a minimum age of 18 years, or passing the California High School Proficiency Exam.

**CALIFORNIA STATE UNIVERSITY** – admission requirements include:

1. Grade point average based only on high school subject requirements “A – G” (listed below). All courses must be passed with a C grade or better.
2. Test scores on either SAT or ACT
3. High school subjects required:

“A” World History.....	1 year
“A” U.S. History/American Government.....	1 year
“B” English.....	4 years
“C” Mathematics (IM 1, 2, & 3).....	3 years
“D” Lab Science (I.P.S., Biology, etc.).....	2 years
“E” Foreign Language (including 2 <sup>nd</sup> yr of same language).....	2 years
“F” Visual and Performing Arts.....	1 year
“G” College preparatory elective.....	1 year

**UNIVERSITY OF CALIFORNIA** – admission requirements include:

1. Grade point average based only on high school subject requirements “A – G” (listed below). All courses must be passed with a C grade or better.
2. Test scores on either SAT or ACT (SAT Subject Tests – check UC for recommendations)
3. A grade of “D” in a required high school subject will disqualify an applicant unless he/she has retaken the subject and earned a “C” or better.
4. High school subjects required:

“A” World History.....	1 year
“A” U.S. History/American Government.....	1 year
“B” English.....	4 years
“C” Mathematics (IM 1, 2, & 3).....	3 years
“D” Lab Science (Chemistry, Biology 1 etc.).....	2 years
“E” Foreign Language (including 2 <sup>nd</sup> yr of same language).....	2 years
“F” Visual and Performing Arts.....	1 year
“G” College preparatory elective.....	1 year

**PRIVATE AND OUT OF STATE COLLEGES** – admission requirements are generally similar to the CSU and UC systems. Students should make contact with individual institutions to confirm specific requirements.

# RIVER VALLEY HIGH SCHOOL

## UNIVERSITY OF CALIFORNIA and CALIFORNIA STATE UNIVERSITY

### APPROVED A – G COURSES

Must maintain a grade of “C” or better in all courses taken; Honors & AP courses: A = 5 grade pts; B = 4 grade pts, C = 3 grade pts

A	HISTORY (2 years required)			
	Two years: 1 year of World History, AND 1 year of US History OR ½ year of US History and ½ year of American Government			
	World History AP European History	United States History AP United States History AP Human Geography	American Government AP American Government	
B	ENGLISH (4 years required)			
	English 9 Intensive	English 10 Intensive	English 11C	English 12C Honors Multicultural Myths & Legends
	English 9B	English 10B	AP English 11 Lang. & Comp.	AP English 12 Lit. & Comp.
	English 9C	English 10C	Expos Read & Write	English 12 (H) Shakespeare
		English 11B	English 12B	Career English 12B
C	MATHEMATICS (3 years required, 4 years recommended)			
	Three years including Integrated Mathematics 1, 2 and 3			
	Integrated Math 1 Integrated Math 2	Integrated Math 3 QRAT	Pre-Calculus Honors AP Calculus AB	AP Calculus BC AP Statistics
D	LABORATORY SCIENCE (2 years required, 3 years recommended)			
	Two years of lab science: 1 year of Biology and 1 year of Chemistry OR Physics			
	Ag Bio Living Earth	Ag Chem in the Earth System	Physics in the Universe	
	Adv Ag Bio Earth	Adv Ag Chem in the Earth System	AP Physics	
	Bio Living Earth	Chem in the Earth System	Computer Science Essentials (3 <sup>rd</sup> yr)	
	Adv. Bio Living Earth	Chem Earth Honors	AP Comp Sci Prin (3 <sup>rd</sup> yr)	
	Biology 2 Honors	AP Chemistry	Intro to Engineering Design (3 <sup>rd</sup> yr)	
AP Biology	Anatomy & Physiology	Principles of Engineering Honors (3 <sup>rd</sup> yr)		
	Forensic Science	Engineering Design & Development Honors (3 <sup>rd</sup> yr)		
E	FOREIGN LANGUAGE (2 years required, 3 years recommended)			
	Two years of the same language other than English			
	German 1	Punjabi 1	Spanish 1	AP Spanish Language
	German 2	Punjabi 2	Spanish 2	Intermediate Spanish 2 (for Spanish speakers)
	German 3 Honors	Punjabi 3 Honors	Spanish 3 Honors	
	AP German	Punjabi 4	Spanish 4	
F	VISUAL and PERFORMING ARTS (1 year required)			
	Beginning Art	Digital Photography	Mixed Choir	Beginning Guitar
	Intermediate Art	AP Studio Art/Drawing	Concert Choir	Intermediate Guitar
	Fiber Arts	AP Studio Art: 2-D	String Orchestra	Musical Theatre 1
	The Art & History of Floral Design	3-D Art	Marching/Concert Band	Musical Theatre 2
	Jewelry Production & Design	AP Studio Art Photo	Music Theory	Musical Theatre 3
Digital Art Media			Musical Theatre 4	
G	ELECTIVE COURSES (1 year required)			
	May be selected from the A-F courses beyond those used to satisfy the requirements of the A-F subjects OR from one of the following:			
	Animal Science	Economics	Naval Science 2 (A-G)	AVID Seminar (11 & 12)
	Child Development	AP Macro Econ	Naval Science 3 (A-G)	Film as Literature
	Personal & Social Psychology		Naval Science 4 (A-G)	Creative Writing
	Career Exploration & Investigation			

# River Valley High School

## Clubs and Organizations

Club Name	Club Advisor & Meeting Location	Club President
Art Club	Mrs. Thornewood 902 Wed @ lunch	Shelby Pace
ASB	Mrs Simmons 403 Tue @ Lunch	Emma Lapera
Asian American & Pacific Islander	Ms. Takahashi 106 Wed @ lunch	Maliny Khulon
Band	Mr Taylor Wed 7:30am	Jonathan Ortiz Guzman
Book & Buttons	Mr. Priddy 831 Mon @ lunch	Marua Sultani
Choir Club	Mr Harris 702 Tues/Thur @ lunch	Makayla Dwiggin
Coding Club	Mr Evans 810 Fri @ lunch	Alejandro Macias
Color Guard	Mr M Taylor 711	Chloe Pomeroy
Computer Applications	Mr. Jerry Hughes Thur @ lunch	Daya Johal
Creative Writing	Ms Atwal 831 wed @ lunch	Gianna Davit
CSF	Mr Ricketts 827 Mon @ lunch	Gurnoor Saini
Drama	Mr Harris 702 3rd Period	Katie Payne
Drumline	Mr M Taylor 711	Jonathon Rivera
Falcon Freaks	Mrs. Simmons 403 Tue @ lunch	Diana Hull
FCCCLA Culinary Club	Mr Fischetti Mrs Borzelleri 820 Th/Fri @ lunch	Michael Trezza
FFA	Mrs Peters Mr Taylor Ms Moos Ms Faltesek Ms Maynard 605 Mon/Tues @ lunch	Jocelyn Placencia
Freshmen Class	Mr Fischetti 820 Thur @ lunch	Anna Bell
Game Club	Mr Lerma 828 Thur @ lunch	Lex Corniciuc
Gender- Sexuality Alliance (GSA)	Mr Lerma Mr Bogan Ms Alley 826 Tues @ lunch	Natalie Gonzalez
Generation Next	Mrs Hernandez 103 Fri @ lunch	Heena Bal

# River Valley High School

## Clubs and Organizations

Interact	Mrs Gale (Lamon/Anderson) 601 Mon @ lunch	Mehmeet Kullar
Junior Class	Mrs. Kennington Mrs Simmons 402 Thur @ lunch	Sonia Jawanda
Key Club	Mrs Forrester 802 Thur @ lunch	Keerit Sahota

12/3/2021 9:15:02

### 2021-2022 RVHS Club List

Club Name	Club Advisor & Meeting Location	Club President
Lend a Hand	Mrs Gale 601 Fri @ lunch	Jasleen Nat
MECHA Club	Mrs Leon Mrs Sandoval 838 Mon @ lunch	Murtaza Murad
Mental Health Awareness	Mr. Terry Evans 810 Tue @ lunch	Daya Johal
Orchestra	Mrs. Roberts Haydon 711	Carla Baldonado
Punjabi Club	Mr Velarde 903 Thur/Fri @ lunch	Jasmeen Kaur
RV Rock Band	Mr Mikesell 808 Wed after school	Dylan Flores
Say Love	Mrs Chavez Fri @ lunch	Mehmeet Kullar
Science Olympiad	Ms Tilson 604 Mon @ lunch	Serena Kataria
Senior Class	Ms. Atwal & Mrs. Lowry 831 Thur @ lunch	Austin Haggard
Sikh Honors Service Society	Mrs Bains Mrs Virk 813 Thur @ lunch	Harnmeet Suner
Social and Cultural Club	Mrs. Ewing 833 Fri @ lunch	Austin Haggard
Sophomore Class	Mrs. Ewing Mrs Van Brocklin 833 Thur @ lunch	Alissa Curriel





# CLASS OF 2026 FALCON LEADERSHIP

Join the RVHS Falcon Leadership team and be involved in your high school experience. Go behind the scenes and plan and facilitate school activities.



How do I apply for Leadership?

When: Jan 31-Feb 25, 2022

What: Google Form Application

Where: Scan QR Code Below

or visit the RVHS Activities Webpage

<https://rvhs.ycusd.org/Activities/Join-Leadership>



We are hoping to hold our annual Leadership Workshop this spring, details will be available at a later date.

SPACE IS LIMITED  
TO INCOMING FRESHMAN  
Questions contact Mrs. Simmons  
[csimmons@ycusd.org](mailto:csimmons@ycusd.org)





# River Valley High School

## 2022-2023

### General Sports Information

Mascot: Falcon

School Colors: Green/Silver/Black

League: Capital Valley Conference (CVC)

<b>Antelope</b>	<b>Bella Vista</b>	<b>Inderkum</b>	<b>Roseville</b>	<b>Woodcreek</b>	<b>Yuba City</b>
Fall Sports:	Boys: Football, Cross Country and Cheerleading Girls: Tennis, Cheerleading, Golf, Cross Country, Girl's Volleyball, Field Hockey				
Winter Sports:	Boys: Basketball, Soccer, Cheerleading and Wrestling Girls: Basketball, Soccer, Cheerleading and Wrestling				
Spring Sports:	Boys: Baseball, Track & Field, Golf, Tennis, Swim/Dive, Boy's Volleyball Girls: Softball, Track & Field, Swim/Dive, Stunt				

#### Fall Coaches

Football: TBD  
Girl's Volleyball: Kellie Tongson  
Girl's Tennis: Gabe Ramirez  
Cross Country: Eric Jessen  
Cheerleading: Becca Tillson  
Girl's Golf: Luke Syverson  
Field Hockey: Erin Cunningham

#### Winter Coaches

Boy's Basketball: Brian Lowe  
Girl's Basketball: Brad Nelson  
Wrestling: Jason Ramos  
Boy's Soccer: Abel Franco  
Girl's Soccer: Gabe Coomes  
Cheer: Becca Tillson

#### Spring Coaches

Baseball: Rob McMains  
Softball: Tom Almond  
Boy's Tennis: Gabe Ramirez  
Boy's Golf: Craig Taylor  
Track/Field: Nnamdi LeBlanc  
Boy's Volleyball: Amy Lopez  
Swim/Dive: Shelby Guillory  
STUNT: Becca Tillson

Eligibility: To be eligible to try out for any sport at River Valley you must:

1. Online Clearance - <https://rvhs.ycusd.org/documents/Athletics/Forms/RVHS%20ATHLETIC%20CLEARANCE.pdf>
2. Have a physical (Green Form)
3. Cleared of all Fines and Fees
4. Have a current 2.0 ( C ) average in all your school work with no more than one "F" being allowed. You will not be allowed to participate for a team in the Fall unless you meet this requirement in the proceeding semester.

Note: No student will be allowed to try out for, or practice with, any team without the necessary paperwork.

Important Dates:

**Player/Parent Night:**

**TBD**

**Physicals:**

**None scheduled at this time**

**Sports Start:**

[https://www.cifsjs.org/coaches\\_and\\_administrators/2223\\_sportcalendar\\_Final.pdf](https://www.cifsjs.org/coaches_and_administrators/2223_sportcalendar_Final.pdf)

**Athletic Website:** <http://rvhs.ycusd.k12.ca.us/athletics>

**Social Media:** Twitter and Instagram: @rvfalconsad and [www.facebook.com/rvfalconsad](http://www.facebook.com/rvfalconsad)

**Principal:** Lee McPeak

**Athletic Director:** Phil McCaulley

**Phone:** (530) 822-2593

**Fax:** (530) 822-2520

**Email:** pmccaulley@ycusd.org

**Athletic Secretary:** Tonja Robinson

**Phone:** (530) 822-2594



# RIVER VALLEY HS SIDELINE CHEER TRYOUTS

All students\* are welcome to tryout for next year's sideline cheer squads:

\*You must maintain a 2.0 GPA (with no more than 1 F)

## MANDATORY PARENT MEETING\*\*

Athlete should accompany parents to meeting if possible

Thursday, March 31<sup>st</sup> @ 7pm

(RVHS MP room)

Masks & Social Distancing May be Required

*The actual tryout dates are still being set, but will occur AFTER spring break. Specific dates will be given at this meeting*

***You will receive the following information at the meeting. (\*) Items MUST BE COMPLETED PRIOR to tryouts in order to be cleared to participate by athletics:***

- 1) Informational packet with expectations and important dates
- 2) Official tryout number
- 3) \*Athletic Packet to be completed online in order to be cleared to participate
- 4) \*Sports physical form to be completed by physician & turned into athletics (physicals are good for 1 year)

Contact me ASAP if you absolutely cannot make the meeting.

A virtual version may be offered. Join the Band app to stay up to date and participate in tryouts  
(see link below)

Contact Information: Coach Becca Tillson: rtillson@ycusd.org or classroom # 822-2500 ext. 27604

**In the ever-changing world, things may have to be adapted.  
Stay up-to-date by joining our communication app below.**

"RVHS Cheer Tryout" Band App

(Free app we use for communication):

<https://band.us/n/a0ac51TcJ8r7D>



Athletes and parents can join

Click the link or scan the QR code. You can also search out "RVHS Cheer Tryout" once you download the Band app

## **AGRICULTURE**

### **Greenhouse/Plant Science**

Greenhouse/Plant Science is a course designed for general and college prep students. This course will engage students in learning plant biology and physiology and the practical skills for growing greenhouse plants. Students will work in the greenhouse facility and are allowed to take home many of the plants they grow. Students will learn and apply their skills in plant reproduction, soils management, fertilizer application, plant identification, pruning, and greenhouse management. Students will also learn the basics of a greenhouse plant supply small business. **(CTE)**

## **ART DISCOVERY**

Art Discovery is an entry level Visual Arts class for 9th graders that allows them to gain the skills and confidence necessary to succeed in the large variety of Art classes offered at RVHS. Students will gain experience with a variety of tools, techniques, and materials including oil pastel, watercolor paint, graphite drawing, and colored pencil. This is an opportunity to develop basic compositional and design skills while doing fun projects.

Highly recommended for students who have not had an arts class in 8th grade. For 9th and some 10th grade students.

## **FINE ART**

### **Beginning Art**

Are you an art lover? Do you like to draw and paint, and want to know how to make things look more realistic? Or, have you never known much about art and would like to learn? Beginning Art is the place for you! Learn the basics of drawing and shading and then move on to mixing colors and painting! Get to know how to draw and paint almost anything (even people!) just by following and practicing some simple methods.

**Note: If you have not taken an art class in middle school, you will need to take Art Discovery as a pre-requisite.**

### **3-Dimensional Art**

Do you like to make things? Use tools? Like Art? 3-D Art could be the place for you! Work with materials like papier maché, wire, yarn, cardboard, and clay as you explore how artists create their pieces. Learn the basic principles of art and design and explore craftwork done around the world as you develop and produce your original projects.

### **Intermediate 3-Dimensional Art**

If you were successful in 3-D Art (1) and would like to continue to expand and explore your 3-D creative skills, consider taking this next step. You will examine the works of famous artists and have the chance for more personal expression as you add quality and complexity to your projects.

**Note: Pre-requisite is 3-D Art**

### **Digital Art Media**

Do you love art, but are not a fan of getting dirty and cleaning up messes? Do you love computers and want to learn how to make art in a more “technical” setting? Digital Art sounds right up your alley! We will learn all about the basics of art, including drawing techniques and color theory as well as Photoshop and the magic it can do! You will amaze yourself and your friends with the finished artwork you will create!!

## **BUSINESS & ICT (Info/Communication/Tech)**

### **Analog Game Design**

Analog Game Design is the first in a three-part Game Development Pathway to be created at River Valley High School. This course is an introduction to the fundamental principles of Game Design, which will provide the foundational skills for students as they progress to further courses in the pathway. Students in this pathway will develop introductory skills in Game Development which students would be able to apply in post-secondary study or in industry. **(CTE)**

### **Basic Accounting**

Accounting is the language of business and an integral part of all business activities. Mastery of fundamental accounting concepts, skills, and competencies is essential to making informed business decisions. Course covers accounting principles and practices and the complete accounting cycle. Use of the general journal, general ledger, accounts payable, accounts receivable, special journals. Creation of the financial reports and proper financial reporting. **(CTE)**

### **Business Accounting**

Business Accounting is a course designed for general and college prep students in grades 10, 11 or 12. This course will engage students in learning the accounting skills and processes used in most American small business and many large corporations. Students will learn and apply the principles and processes of the basic accounting cycle for their own

personal finance uses, for a sole proprietor service business and a retail business using two accounting simulations and various computer software exercises. This course will prepare students for business majors in college and for direct entry into the workforce in business careers. Students will learn business ethics, job search skills, business communications skills, and job retention skills such as good attendance, punctuality, proper personal grooming, and positive attitudes. Students who have completed one year of Accounting will also benefit from this course. This course may be offered as a regular on-campus course. **(CTE)**

**Note: Pre-requisite is Basic Accounting**

### **Empowering Entrepreneurs**

Empowering Entrepreneurs is a course designed to empower entrepreneurial literacy among high school students through a project-based learning approach. Students will synthesize the aspects of entrepreneurship in teams working with local entrepreneurs and their instructors. At the completion of Empowering Entrepreneurs, students will successfully apply concepts regarding the human characteristics (collaboration, communication, creativity, and critical thinking) vital for entrepreneurial thinking in a 21st century global world. The units in this course are aligned to the Common Core State Standards, and the Career & Technical Education standards. **(CTE)**

### **Computer Graphics**

Computer Graphics is the second in a three-part Game Development Pathway to be created at River Valley High School. This course is an introduction to digital game asset creation, which will provide the foundational skills for students as they progress to further courses in the pathway. Students in this pathway will develop introductory skills in Game Development which students would be able to apply in post-secondary study or in industry. **(CTE)**

**Note: Pre-requisite grade of C or better in Analog Game Design**

### **Computer Applications**

Computer Applications is a course designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in learning the computer applications that are now universally used in virtually all careers: Microsoft Word, Excel and PowerPoint. Students will use MS Word to create personal and business letters, memos, academic reports in other courses they are taking, job application documents and their own résumé. Students will also create their own Excel spreadsheets and PowerPoint presentations, and they will be introduced to desktop publishing and the use of graphics. Students will work consistently to improve their word processing speed and accuracy with practice drills and timed writing exercises. This course is strongly recommended as a fundamental computer applications course for ALL students in all career pathways and college majors. **(CTE)**

### **Computer Science Essentials**

Computer Science Essentials PLTW is designed to be the first computer science course for students who have never programmed before. Students work in teams to create apps for mobile devices using MIT App Inventor®. They explore the impact of computing in society and build skills in digital citizenship and cybersecurity. Beyond learning the fundamentals of programming, students build computational thinking skills by applying computer science to collaboration tools, modeling and simulation, and data analysis. In addition, students transfer the understanding of programming gained in App Inventor to text-based programming in Python® and apply their knowledge to create algorithms for games of chance and strategy. **(CTE)**

## **CONSUMER & FAMILY SCIENCE**

### **Life Management 1**

Life Management is a course designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in learning and exploring the entry-level principles, processes and working relationships in careers in Family and Consumer Science. Students will learn and apply knowledge and skills they will need when they are living on their own, including, but not limited to, working with textiles, sewing, personal budgeting and finance, managing a checking account, food preparation and nutrition, and practical methods, techniques and processes in health and wellness and consumer science. Students are encouraged but not required to contribute materials, supplies or monetary donations. **(CTE)**

### **Decorative Arts**

Decorative Arts is a course designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in learning the principles, processes and working relationships in decorative arts design as it is used in the field of interior design (home and commercial facilities) and in the field of fashions and apparel design. Students will learn how to successfully use the elements and principles of design in a multitude of media, including, but not limited to, collage, paint, fabric, mosaics, etc. Students will engage in applied, hands-on learning experiences in the artistic design industry (both personal and commercial) as it applies to homes, apartments, and commercial offices, and as it applies to

the design of clothing and related accessories. Projects in this course will emphasize product, fashion, interior and graphic design. Students are encouraged but not required to contribute materials, supplies or monetary donations.

### **Child Development/Guidance**

Child Development & Guidance is a course designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in learning and exploring the entry-level principles, processes and working relationships in human growth and development, child development, effective parenting and child guidance. Parenting skills are developed using positive guidance techniques and students learn the important physical, social, emotional and intellectual aspects of the development of

children that are essential to the care and guidance of children by parents or caregivers. Students apply their knowledge and skills through the use of special projects that explore a wide range of the available careers in child development, parenting and child guidance. Students are helped to create an environment that promotes the optimum individual development for each child. Students may earn the privilege of participating in a baby simulation project or an alternative project. **(CTE)**

## **FOREIGN LANGUAGE**

### **Punjabi 1**

Punjabi 1 is a course designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in learning the basic skills of speaking, listening, reading and writing in the Punjabi language with a special focus on learning the Punjabi alphabet and symbolic vowels. Students will speak Punjabi on a daily basis to develop their oral skills and to build a practical working vocabulary of common Punjabi words and phrases. Students will also work on reading and writing in Punjabi and in using the fundamentals of Punjabi grammar. Students will also engage in activities and experiences to learn the fundamental aspects of Punjabi culture

### **Punjabi 2**

Punjabi 2 is a course designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in learning more advanced skills in speaking, listening, reading and writing the Punjabi language. Students will speak Punjabi on a daily basis to develop their oral skills and to build a more extensive vocabulary of common Punjabi words and phrases. Students will also work on reading and writing in Punjabi and in using more advanced levels of Punjabi grammar. Students will continue to engage in activities and experiences to learn more contemporary aspects of Punjabi culture.

**Note: Pre-requisite is Punjabi 1**

### **Spanish 1**

Spanish 1 is a course designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in learning the basic skills of speaking, listening, reading and writing in the Spanish language. Students will speak Spanish on a daily basis to develop their oral skills and to build a practical working vocabulary of common Spanish words and phrases. Students will also work on reading and writing in Spanish and in using the fundamentals of Spanish grammar. Students will also engage in activities and experiences to learn the fundamental aspects of Spanish culture.

### **Spanish 2**

Spanish 2 is a course designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in learning more advanced skills in speaking, listening, reading and writing the Spanish language. Students will speak Spanish on a daily basis to develop their oral skills and to build a more extensive vocabulary of common Spanish words and phrases. Students will also work on reading and writing in Spanish and in using more advanced levels of Spanish grammar. Students will continue to engage in activities and experiences to learn more contemporary aspects of Spanish culture.

**Note: Pre-requisite is Spanish 1**

### **German 1**

German 1 is a course designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in learning the basic skills of speaking, listening, reading and writing in the German language. Students will speak German on a daily basis to develop their oral skills and to build a practical working vocabulary of common German words and phrases. Students will also work on reading and writing in German and in using the fundamentals of German grammar. Students will also engage in activities and experiences to learn the fundamental aspects of German culture.

**German 1 & 2 classes in same year**

## **German 2**

German 2 is a course designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in learning more advanced skills in speaking, listening, reading and writing the German language. Students will speak German on a daily basis to develop their oral skills and to build a more extensive vocabulary of common German words and phrases. Students will also work on reading and writing in German and in using more advanced levels of German grammar. Students will continue to engage in activities and experiences to learn more contemporary aspects of German culture.

**German 1 & 2 classes in same year**

## **INDUSTRIAL ED**

### **Intro to Engineering Design (IED)**

Intro to Engineering Design is an introductory course designed for general and college prep students in grades 9 or 10 who want to dig deep into the engineering design process, and into applying math, science, and engineering standards to hands-on projects. Students will work both individually and in teams to design solutions to a variety of problems using 3D modeling software. The major focus of the IED course is to expose students to the design process, design ethics, research and analysis, teamwork, professional communication and collaboration methods, global and human impacts, engineering standards and technical documentation. IED gives students the opportunity to develop skills in research and analysis, teamwork, technical writing, engineering graphics, and problem solving through activity-, project-, and problem-based (APPB) learning. As the course progresses and the complexity of the design problems increase students will learn more advanced computer modeling skills as they become more independent in their learning, more professional in their collaboration and communication, and more experienced in problem solving. IED is one of the foundation courses in the Project Lead The Way high school pre-engineering program. **(CTE)**

### **Principles of Engineering (POE)**

Principles of Engineering is a course designed for general and college prep students in grades 9, 10 or 11 who want to fully understand the major principles that drive all work in engineering. Students will work both individually and in teams to apply the major principles of engineering to a variety of problems using 3D modeling software. The major focus of the Principles of Engineering course is to engage students in learning the major principles of engineering: Energy and Power, Materials and Structures, Control Systems, and Statistics and Kinematics. Principles of Engineering gives students the opportunity to develop skills in research and analysis, teamwork, technical writing, engineering graphics, and problem solving through activity-, project-, and problem-based (APPB) learning. As the course progresses and the complexity of the design problems increase students will learn more advanced computer modeling skills as they become more independent in their learning, more professional in their collaboration and communication, and more experienced in problem solving. Principles of Engineering is the second course in a sequence of courses in the Project Lead The Way high school pre-engineering program.

**Note: Pre-requisite is IED (CTE)**

## **PERFORMING ARTS**

### **Beginning Guitar**

Beginning Guitar is designed to provide students with knowledge of the fundamental components of guitar instruction in the visual and performing arts of artistic perception; creative expression; historical and cultural context; aesthetic valuing; and connections, relations, and applications. This course is open to all students interested in learning to play the guitar or to improve their existing skills. Individuals as well as groups will work on learning the fundamentals of playing the guitar, music fundamentals including music reading, and basic music theory. Students will also work on learning advanced chords, finger picking, and working with different musical styles. In addition, students will learn the history of the guitar and related instruments. Students will learn to understand and apply criteria for critically judging the quality of performances and compositions that derive from social and historical influences, and they will learn to recognize and appreciate music from other genres, other cultures and other times in history. Work outside of class will involve activities including practice on guitar performance assignments and techniques, project preparation, and written assignments. The course is also designed to facilitate students' awareness of their own relationship with music and to assist them to widen their understanding and skills in their own creative endeavors. The intent also is to ensure that all students, regardless of their ability to master content, have the instruction they need to progress to a level of proficiency.

### **Musical Theater 1**

Musical Theatre 1 is a course designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in learning the fundamental principles, processes and techniques of musical theatre. Students will participate in a fun and exciting class and will develop their theatre skills through the use of theatrical games, by viewing live performances, and through a variety of other class activities. Students will receive hands-on training in character

development, film and play analysis, space mapping, choreography, singing, mime techniques, scenic development, set design and construction, costuming, lighting and sound production. Students will participate in the culminating course activity which is a one-act play.

### **Musical Theater 2**

Musical Theatre 2 is a course designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in the continued and expanded learning of the principles, processes and techniques of musical theatre. Students will continue to participate in a fun and exciting class activities including a variety of theatre productions. Students will grow and develop their knowledge and skills in character development, film and play analysis, space mapping, choreography, singing, mime techniques, scenic development, set design and construction, costuming, lighting and sound production. This class will be responsible for producing the school's Fall or Spring Play.

**Note: Pre-requisite is Musical Theater 1**

### **Mixed Choir**

Mixed Choir is a course designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in learning the fundamental principles, processes and techniques of choral singing. Students will participate in a fun and exciting class and will develop their singing skills in a variety of choral performances and by singing songs from a variety of different musical genres (popular music, rock and roll, folk music, songs from stage and screen, etc.) Students will receive hands-on training in vocal techniques, breathing, enunciation, voice projection, voice strengthening exercises, harmony, rhythm, and sight-reading of choral music. Students will participate in many exciting public performances throughout the semester.

### **Concert or Marching Band**

Concert or Marching Band is a course designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in learning advanced principles, processes and musical techniques of a marching and/or concert band. Students will participate in a fun, exciting, performance-oriented class and will develop their musical techniques and musicianship in many public musical performances including parades, rallies, civic events, concerts, and a variety of other school events. Students will receive more advanced hands-on training in reading music, learning and playing specific music parts, instrumental techniques, harmony, rhythm, marching skills and techniques, etc. Students will also have a variety of opportunities to build their musical expertise in order to qualify for extra-curricular musical ensembles such as the Pep Band, the Jazz Band and other smaller ensembles.

### **String Orchestra**

String Orchestra is a designed for general and college prep students in grades 9, 10, 11 or 12. This course will engage students in learning advanced principles, processes and musical techniques of orchestral string playing. Students will participate in a fun, exciting, performance-oriented class and will develop their musical techniques and musicianship in many public musical performances including music festivals, civic events, concerts, service club performances and a variety of other school events. Students will receive more advanced, hands-on training, in reading music, learning and playing specific music parts, instrumental techniques, harmony, rhythm, and ensemble techniques, etc. Students will also have a variety of opportunities to build their musical expertise in order to qualify for extra-curricular musical ensembles such as String Quartets, Trios, etc.

## **NON DEPARTMENT**

### **Career Choices**

Career Choices is a course designed to help students develop a 10-year education and career plan. In the process of developing a comprehensive 10-year plan; students learn important strategies and formulas for decision-making processes that can be used when making any life defining decisions. Information and data discovered throughout this course as students continue on a path to develop their quantitative and meaningful 10-year plans. In order to make these 10-year plans quantitative they will put together action plans that are measurable, and through the completion of the career choices curriculum, this individualized plan will be a step-by-step process to systematically tackle issues and topics to develop deeper self-knowledge in order to make the plan meaningful.

### **Career Exploration and Investigation**

This course introduces students to a variety of sectors and/or pathways, allowing them to make a more confident decision about which career pathway to pursue. The course includes 15 career modules. Students will complete 7 to 8 modules in one term. Each module will engage students in real world problem-based learning activities. Through these activities, students will explore their interests and aptitudes. Students will also be introduced to Virtual Job Shadow to complete career exploration activities. Students will complete self-inventory activities to examine career interests and skills and create short term and long-term career plans. **(CTE)**



## **AVID 9**

AVID 9 is a pre-college support program for students completing university admissions requirements. The AVID program is designed specifically for students who may be among the first students in a family to attend a four-year college or university. AVID focuses on student skills critical for success at the college level: reading, writing, inquiry and collaborative skills. AVID also helps students' understandings of colleges and careers through college field trips, guest speakers from northern California colleges and universities, and research projects. AVID students also receive tutoring to support their learning in other courses they are taking. Students will also do career research and exploration and college test preparation (PLAN/PSAT and ACT/SAT). In the senior seminar, students are guided through the application process for colleges, completing the FAFSA information and completing applications for college scholarships. *Must meet eligibility requirements and have permission from coordinator.*

**Note: An application is required for approval to take this class**

## **Student Leadership**

Student Leadership course is for students in grades 9, 10, 11 or 12 interested in learning about and participating in Student Government and Student Body activities. Students will be engaged in the operations of Student Government and will learn and practice parliamentary procedures, teamwork, planning and organizing skills, and designing, managing and executing student activities and programs. Students will also learn and practice strong leadership skills, processes and working relationships and will also practice and perform public speaking, writing for public relations and projects, and "people" skills for success in working with students of diverse backgrounds and interests.

**Note: An application must be submitted and approved by the ASB director, Mrs. Simmons.**

**Information will be available from your counselor or RVHS.**

## **Naval Science I**

Naval Science I fits into the four-course Naval Science 1, 2, 3 and 4 pathway where students will be prepared for leadership in any career of the student's choice. Naval Science I emphasizes citizenship, leadership and career development, as well as maritime heritage, sea power, and Naval operations and customs. This course includes, but is not limited to, an introduction to the Naval Junior ROTC program, US Navy mission and organization, maritime geography, Naval history, basic seamanship, oceanography, and health education. Class is held at YCHS and **is a yearlong class.**