

FOOD RESOURCES

In addition to the distribution of breakfast and lunch to students at Bridge Street School during the week, here are some other food resources:

1. Yuba-Sutter Food Bank will make deliveries to food-insecure seniors 65 and older, and to handicapped or other groups at high risk to coronavirus on Saturdays, Tuesdays, and Thursdays beginning March 28. Contact the Yuba-Sutter Food Bank by 3:00pm on the day before the delivery.

Call **530-673-3834** or email yubasutterfoodbank@gmail.com Type "Delivery" in the subject line.

For more updates, go to <http://www.yuba-sutterfoodbank.com/>

2. Salvation Army Daily Food Distribution (also bathrooms and handwashing)

68 Second Street, Yuba City (near the boat dock), 12:00PM - 1:00PM

131 F Street, Marysville, 10:00AM - 11:00AM

3. Cornerstone Church of Yuba City offers a grocery and pharmacy run program for seniors and others who are at risk, can pay for their groceries, and need someone to shop for them. Call **530-674-8463** or visit www.cornerstoneyc.com/grocery

4. Yuba-Sutter COVID-19 Relief Task Force (group of nonprofit organizations): To assist locals affected by the current coronavirus emergency. Hotline open 7 days/week, 9:00AM – 5:00PM; **530-645-2003**,

<https://www.yubasutterchamber.com/yubasutterrelieftaskforce>

FOOD PANTRYS (distribution of food supplies)

1. Crossroads Community Church, Mon – Fri, 2:00pm – 3:00PM, 445 B Street, YC, 751-9168

2. Salvation Army, MWF 9:00AM – 11:00AM, 401 Del Norte, YC, 216-4530 x4539

3. St. Andrew Presbyterian Church (Mother Hubbard's Cupboard), Mon-Fri, 1:15PM – 3:15PM, 1390 Franklin Ave., YC, 743-7353

4. St. Vincent de Paul (St. Isidore Catholic Church), T-TH, 9:15AM-11:15AM, 222 Clark Ave., YC, 671-5154

5. Hope of Heart Relief Center (Glad Tidings Church), Wed. & Fri, 10:00AM – 2:00PM, 4444 Live Oak Blvd. (north of Eager road)

HOMELESS SERVICES

If your family is either homeless or about to be homeless, please contact Hands of Hope listed below:

Coordinated Entry for homeless services in Yuba and Sutter County remains open for families requiring help with homelessness or insecure housing. <http://www.ychandsofhope.org/>

Hands of Hope, 900 Spiva Avenue, Yuba City; M-F 9:00AM - 3:30PM, 530-755-3491

Hands of Hope, 131 F Street, Marysville; M-F 9:00AM - 3:30PM, 530-749-6811

COVID-19 TESTING

Public health officials are encouraging anyone who feels they should be screened and tested for coronavirus (COVID-19) to call their primary care physician first. For those who do not have a primary care physician, there are currently three screening and testing sites in Yuba-Sutter:

1. Adventist Health/Rideout, 1233 Plumas Street, Yuba City; 530-671-2020.

2. Ampla Health, 1000 Sutter Street, Yuba City; 530-812-2031

3. Peach Tree Health, 724 Fifth Street, Marysville; 749-3242 (ext. 1408/1608)

ONLINE COVID-19 SYMPTOM CHECKER

<https://www.adventisthealth.org/coronavirus-preparedness/>

This is a free service available 24/7 to the general public. Click on the icon in the lower right hand corner for an interactive symptom checker.

LOW-COST INTERNET SERVICES

- Xfinity: Comcast will offer new residential customers who qualify its \$9.95-per-month, with the first 3 months free. <https://apply.internetessentials.com/> 1-855-846-8376
- AT&T will suspend data caps for its fixed internet service. <https://digitalyou.att.com/low-cost-internet/>
- T-Mobile customers: The company has no data cap for its home internet service. All current T-Mobile and Metro by T-Mobile wireless customers who have cell phone plans with data will be granted unlimited smartphone data for the next 60 days (excluding roaming). <https://www.t-mobile.com/isp/FAQs>
- Verizon Wireless has extended mobile hotspot caps by 15GB <https://www.verizon.com/support/mobile-hotspot-faq/>

CORONAVIRUS COVID-19) UPDATE FOR YUBA SUTTER

[Coronavirus \(COVID-19\) Updates](#)

This website has up-to-date information about current numbers of confirmed cases, local store hours, frequently asked questions, testing and a useful link for VERY EASY instructions on how to make your own face mask.

<https://maidsailors.com/blog/how-to-make-a-surgical-mask/>

EMPLOYMENT

OnwardCA <https://onwardca.org/resources/?state=ca&lang=en>

This website . . . "aims to serve as a one-stop repository of information and resources for workers displaced by the COVID-19 pandemic." There are links to information and resources in three areas of need: Immediate sources for monetary aid for both workers and employers; Emergency non-monetary resources such as food, shelter, medicine, childcare and more; and Job matching to pair up workers' skills with companies that are doing immediate hiring.

The website is a collaboration between Bitwise Industries, Kapor Center, Gov. Gavin Newsom's office, LinkedIn and Salesforce.

Employment Development Department https://www.edd.ca.gov/about_edd/coronavirus-2019.htm

California Coronavirus Response <https://covid19.ca.gov/>

MEDICAL INSURANCE

For people who have suddenly lost their job and/or health insurance there are a few of options:

People who had health insurance through their job and no longer have that job are entitled to continued coverage under COBRA for at least 18 months; however, the premium for this coverage will be higher because the employer is no longer paying their part.

People who do not want to use COBRA may be able to buy coverage through Covered California (California's version of the Affordable Care Act). It is worth investigating because the federal financial assistance is augmented by new state subsidies available for Californians who make up to \$75,000 per year, or up to \$150,000 per year for a family of four. www.coveredca.com/see-if-you-qualify-for-financial-help/
Covered California has announced that anyone uninsured and eligible to enroll through the program can sign up through June 30. Call 800-300-1506 for more information.

People with low or no income may qualify for Medi-Cal; most Californians with incomes under \$17,200 or a family of four under \$35,500 will not have to pay a premium. Go to <https://www.dhcs.ca.gov/services/medi-cal/Pages/ApplyforMedi-Cal.aspx>