

# SUMMER



Free summer breakfast and lunch will be available for all children ages 1-18 yrs. No paperwork or proof of income required.

Monday, July 1

**Breakfast**  
French Toast Sticks 2(W/G)  
Or  
Cereal Bowl 1(W/G)  
**Lunch**  
Hamburger Sliders 2(W/G) 2(MMA)  
Or  
Bean & Cheese Burrito 2(W/G) 2(MMA)  
**Offered With**  
Tator Tots 1/2c(V)

Tuesday, July 2

**Breakfast**  
Breakfast Pizza 1(W/G) 1(MMA)  
Or  
Cereal Bowl 1(W/G)  
**Lunch**  
Corn Dog 2(W/G) 2(MMA)  
Or  
Mac & Cheese 2.5(W/G) 2(MMA)  
**Offered With**  
Green Salad 1c \*

Wednesday, July 3

**Breakfast**  
Biscuit & Egg Sandwich 2(W/G) 1.5(MMA)  
Or  
Cereal Bowl 1(W/G)  
**Lunch**  
Cheeseburger Mac 2(W/G) 2(MMA)  
Or  
PB & Jelly Sand w/ Cheese Stick 1(W/G) 2(MMA)  
**Offered With**  
Corn 1/2c(V)

Thursday, July 4



Friday, July 5

**Meal Components:**

Milk 1c

(F) Fruit 1/4c

(V) Veggies 1/2c

(W/G) Whole Grains/Bread 1G

(MMA) Meat/Meat Alternate 2MMA

C= Cup

- \*Garden Salad 1c Serving Equivalent to 1/2c (V)
- \*Box Raisins/Dried Cranberries Equivalent to 1/2c (F)
- \*Choose 3 out of the 5 Components to make a complete meal!

Monday, July 8

**Breakfast**  
PBJ Bar 1(W/G) 1 (MMA)  
Or  
Cereal Bowl 1(W/G)  
**Lunch**  
Taco Pocket 2(W/G) 2(MMA)  
Or  
Cheese Enchilada 2(W/G) 2(MMA)  
**Offered With**  
Corn 1/2c(V)

Tuesday, July 9

**Breakfast**  
Pancakes 2(W/G)  
Or  
Cereal Bowl 1(W/G)  
**Lunch**  
Chicken Sand 3(W/G) 2(MMA)  
Or  
Grilled Cheese Sandwich 2.5(W/G) 2(MMA)  
**Offered With**  
Garden Salad 1c \*

Wednesday, July 10

**Breakfast**  
Yogurt & Muffin 1(MMA) 2(W/G)  
Or  
Cereal Bowl 1(W/G)  
**Lunch**  
Chicken Nuggets 2(W/G) 2(MMA)  
Or  
Veggie Sandwich 2(W/G) 2(MMA) 3/4c(V)  
**Offered With**  
Potato Smiles 1/2c(V)

Thursday, July 11

**Breakfast**  
Egg & Cheese English Muffin 2(W/G) 2(MMA)  
Or  
Cereal Bowl 1(W/G)  
**Lunch**  
Hot Dog 2(W/G) 2(MMA)  
Or  
Cheese Bites 2(W/G) 2(MMA)  
**Offered With**  
Tator Tots 1/2c(V)

Friday, July 12

**Breakfast**  
Blueberry Waffles 2(W/G)  
Or  
Cereal Bowl 1(W/G)  
**Lunch**  
Pepperoni Pizza 2(W/G) 2(MMA)  
Or  
Cheese Pizza 2(W/G) 2(MMA)  
**Offered With**  
Mini Carrots 1/2c(V)

Monday, July 15

**Breakfast**  
French Toast Sticks 2(W/G)  
Or  
Cereal Bowl 1(W/G)  
**Lunch**  
Hamburger Sliders 2(W/G) 2(MMA)  
Or  
Bean & Cheese Burrito 2(W/G) 2(MMA)  
**Offered With**  
Tator Tots 1/2c(V)

Tuesday, July 16

**Breakfast**  
Breakfast Pizza 1(W/G) 1(MMA)  
Or  
Cereal Bowl 1(W/G)  
**Lunch**  
Corn Dog 2(W/G) 2(MMA)  
Or  
Mac & Cheese 2.5(W/G) 2(MMA)  
**Offered With**  
Green Salad 1c \*

Wednesday, July 17

**Breakfast**  
Biscuit & Egg Sandwich 2(W/G) 1.5(MMA)  
Or  
Cereal Bowl 1(W/G)  
**Lunch**  
Cheeseburger Mac 2(W/G) 2(MMA)  
Or  
PB & Jelly Sand w/ Cheese Stick 1(W/G) 2(MMA)  
**Offered With**  
Corn 1/2c(V)

Thursday, July 18

**Breakfast**  
Waffles 2(W/G)  
Or  
Cereal Bowl 1(W/G)  
**Lunch**  
Popcorn Chicken 1(W/G) 2(MMA)  
Or  
Cheese Quesadilla 2(W/G) 2(MMA)  
**Offered With**  
Green Salad 1c \*

Friday, July 19

**Breakfast**  
Calzone 2.25(W/G) 1.5(MMA)  
Or  
Cereal Bowl 1(W/G)  
**Lunch**  
Pepperoni Pizza 2(W/G) 2(MMA)  
Or  
Cheese Pizza 2(W/G) 2(MMA)  
**Offered With**  
French Fries 1/2c(V)

**Offered with Breakfast**  
1/2c Juice  
Fresh Fruit Choice  
1c Milk  
**Offered with Lunch**  
Fresh Fruit Choice  
1c Milk

Menus are subject to change. This institution is an equal opportunity provider.